

April 2021



# Communicator

SCIENTIFIC RESEARCH • EDUCATIONAL RESOURCES • COMMUNITY SERVICE



**APPLY NOW:**  
MTF's Community Service  
Grant Deadline is May 3rd!

## 2021 Boston Marathon

**2021 Team MTF— #RunningForResearch**

SHARI ALDRICH  
KELLY CARTUS  
OLIVER LAYCO

**Donate Today**

*Your donation helps MTF bring scientific research, educational resources, and humanitarian service to your community*

The Massage Therapy Foundation Team MTF—Running for Research is honored to receive four charity bibs to run in the 124th Boston Marathon, taking place October 11, 2021.

**Have you ever dreamed of running a marathon in Boston? Now is your chance!** This race was slated for an original date of April 20, 2020 but cancelled due to the COVID-19 pandemic. Three of our four runners who trained and fundraised for the cancelled event will run in the rescheduled marathon. **MTF is now seeking a fourth runner to complete our 2021 team!**

[Apply Today](#)

***New Research Perch: MT for Multiple Sclerosis***

## Research Perch



Listen in as host Robin Anderson and 2019 MTF Student Case Report Silver Award Winner, Amy Frost-Hunt, from MacEwan University, Edmonton, Alberta, discuss her report, ***Effects of Massage Therapy on Multiple Sclerosis: a Case Report.***

This student case report was later published in MTF's journal, the *International Journal of Therapeutic Massage and Bodywork*, and made into poster format.

[Listen Now](#)

## Writing Committee Volunteers Needed!

**Are you a strong writer with editing skills and eager to volunteer to be part of MTF's Writing Committee?**

Bloggers, writers, and contributors who are interested can be writers, researchers, educators, students and/or practitioners to help create content for blogs, articles, web content, and press releases.

[Learn More](#)



## International Journal of Therapeutic Massage and Bodywork



**Have you checked out the newest issue of *IJTMB*?** Vol 14 No 1(2021) includes the publication of *The Case for Therapeutic Massage as an Adjuvant in Hospitalized COVID-19 Patients*. Learn more about how MT can be of benefit in a hospital setting during the ongoing COVID-19 pandemic.

***IJTMB* is open-access, peer-reviewed, and indexed in PubMed. It is the official journal of the Massage Therapy Foundation and our partner, the Registered Massage Therapists' Association of British Columbia.**

[Visit \*IJTMB\*](#)

## Ongoing Research Survey

We encourage massage therapists to help build the body of research knowledge by being a part of **Project COPE**, an ongoing study chronicling the experiences of healthcare and wellness providers during the **COVID-19 pandemic**. Help capture unique moments in history by sharing your experiences with study investigators.

[Take the Project COPE Survey](#)

## Grant and Contest Deadlines

- **2021 Community Service Grant application deadline is May 3, 2021**
- **2021 Student Case Report Contest submission deadline is June 1, 2021**

[Apply Now](#)

## Make a Difference Today and Tomorrow



Did you know MTF has a Legacy Society? Your gift can make an impact for the future of massage therapy research, education, and community service efforts for decades to come!

[Plan Your Legacy](#)

Would you like to contribute to MTF's work today? If you are in a position to make a charitable gift, please donate. If you are a Foundation champion who is unable to give at this time, please share this [donation link](#) with your colleagues.

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## Communicator Sponsorship Opportunities

Is your organization looking for a place to advertise while supporting massage therapy research, education, and community service initiatives? Consider sponsoring issues of the *Communicator*. One sponsorship is available per issue. Only 12 available per year!

[Learn more about this offer](#)



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