Participate in Hands On Research

Massage Therapy Foundation has long supported research and education through our scientific journal at www.ijtmb.org, research grants, webinars, podcasts, ebooks, and more.

Now you can join MTF and take an active role in gathering hands-on research through your daily practice.

MTF's MassageNet practice-based research network is a collective of therapists helping to move research in the profession forward. **Join us today and become an integral part of research in the field of massage therapy!**

Join MassageNet PBRN

MTF is a Healthy People 2030 Champion

MTF is excited to be named a Healthy People 2030 Champion by the U.S. Department of Health and Human Services Office of Disease Prevention and Health Promotion!

Healthy People 2030 envisions a society in which all people can achieve their full potential for health and well-being across the lifespan. MTF, along with other Healthy People 2030 Champions, is part of a growing network of organizations partnering with ODPHP to improve health and well-being at the local, state, and tribal level.

Read More

Connect with MTF at 2022 AMTA National Convention

AMTA's National Convention is just around the corner! Visit with MTF Trustees, volunteers and staff at the MTF booth to share your ideas and inspiration.

Check out the **MTF Research Panel** to earn CEs and learn more about how MTF's Research Agenda impacts the future of the profession. Visit **MTF's 23rd Annual Poster Session** to view a showcase about massage research, education, and community service projects.

Come chat with us and pick up cool MTF swag. (From left: Doug Nelson, John Combe, Gini Ohlson)

Foundation supporters having fun at MTF's 2019 Monster Mash costume party.

Most importantly—don't miss MTF's Pep Rally party! This tailgating-themed event features a sampling of appetizers from our Tasty Tailgate menu, beer, and wine. Enjoy music and fun activities including a **COSTUME CHALLENGE**; bring your colors, face paint, and cheer gear to support any team or Chapter of your choosing!

All funds raised support MTF initiatives; come learn more about the work we do and the people who support us. We can't wait to see you there!

Get Your Pep Rally Tickets

Our thanks to Premier Event Sponsor Books of Discovery

Gentle Yoga With Kim Nimmo

Relax and recharge in this hour-long gentle and nurturing online yoga and meditation class with yoga instructor and MTF Board member, Kim Nimmo, while at the same time lending support to the Massage Therapy Foundation.

Join us August 9 at 6:30pm CST for a soothing yoga practice focused on calming the body and mind through gentle stretching, yoga poses, guided breathing techniques, and guided meditation. Free with donation of $10 or more to the Massage Therapy Foundation.

Sign Up Now

From Your MTF President

“There’s a lot to be hopeful for, and that doesn’t come without the responsibility to move forward with mindful, actionable, and collaborative efforts.”

Hear from MTF President Adrienne Asta as she explores what’s in store for MTF as she begins service in her new role.

Read Her New Blog

Your Donations Make it Happen!

MTF Community Service Grantee: Nevada Childhood Cancer Foundation Therapeutic Massage for Adults Touched by Cancer

Help the Massage Therapy Foundation to build on more than 30 years of service and continue to provide valuable research grants and conferences, FREE educational webinars, study materials, and a peer-reviewed journal **to give you and your colleagues the edge you need to make a difference in the lives of others.**

Feel good about supporting communities in desperate need of massage who would otherwise not be able to afford these services through MTF Community Service Grants. If you are able, please show your support for our programs.

Give Today!

Communicator Sponsorship Opportunities

Is your organization looking for a place to advertise while supporting massage therapy research, education, and community service initiatives? Consider sponsoring issues of the *Communicator*. One sponsorship is available per issue. Only 12 available per year!

Learn more about this offer

Did you miss our last *Communicator*?

View previous issues on our Communicator Archives page

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