



*Supporting scientific research, educational resources & community service for the massage therapy profession*

# Integration of Massage Therapy in Outpatient Cancer Care

Virginia S. Cowen, PhD, LMT, Barbara Tafuto, MLS

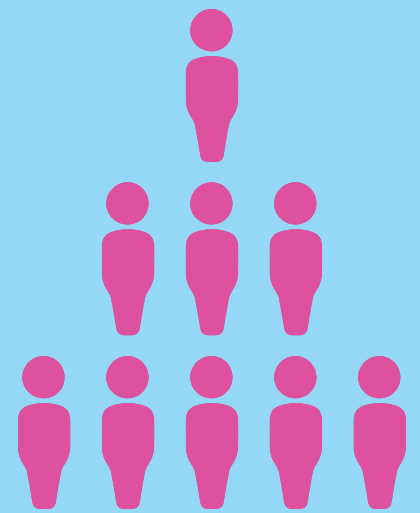


## Problem:

While massage therapy is helpful in alleviating cancer-related and cancer treatment-related symptoms, and surveys have noted that patients seek it out during treatment, little is known about the integration of massage in outpatient care

## Research Question:

To what extent is massage therapy currently being integrated into outpatient cancer care at NCI-designated Cancer Centers?



## Findings:

Data was collected via systematic website analysis and follow up telephone survey. Analysis of the data collected suggests that research on massage is not being leveraged to integrate massage into outpatient cancer care.

## Application:

Efforts should be made to educate health care providers on the benefits of massage therapy and the important role that massage therapists can play in cancer care



<http://ijtmb.org/index.php/ijtmb/article/view/393/422>



[www.massagetherapyfoundation.org](http://www.massagetherapyfoundation.org)

