

November 2020



MASSAGE THERAPY
FOUNDATION

Communicator

SCIENTIFIC RESEARCH • EDUCATIONAL RESOURCES • COMMUNITY SERVICE

New Research Webinar: *Massage Therapy for Pain Management*



The Massage Therapy Foundation (MTF) and the National Certification Board for Therapeutic Massage and Bodywork (NCBTMB) are excited to continue our free Research Webinar series.

Join us Thursday, December 3 at 1pm CST for *Part V: Massage Therapy for Pain Management*. Doug Nelson, BCTMB, LMT, Robin Anderson, MEd, BCTMB, CEAS, LMT, and Portia Resnick, PhD, ACT, BCTMB, LMT, will discuss current research in massage therapy for pain management.

Earn 1 free CE by taking the quiz at the end of this webinar.

[Register Now](#)

Research Perch: MT Program at Blessing Hospital

Hospital-based massage programs are on the rise as care providers seek non-pharmacological modalities for pain and stress relief.

Learn more about hospital-based massage therapy by tuning in to MTF's two-part *Research Perch* podcast interview with guests Laura Bliven-Leapley, RN, MSN, NE-BC, RN-BC, BS, Karen Kerns, M.S., CCC-SLP, MBA, and Cynthia Spake, B.S.Ed., LMT, from the Massage Therapy Program at Blessing Hospital, Quincy, Ill.

[Listen Now](#)



Spare Change Program



Making a difference for MTF research, education, and community service projects just got easier! Our Spare Change program is an effortless way to round up your everyday credit card purchases and donate the small amounts of spare change to MTF. **Make every purchase meaningful!**

Micro donations of pennies will unlikely hurt anyone's pocketbooks; but when many people work together they really add up. Set a maximum amount to fit your monthly budget—from \$5— for easy, longer-term involvement in creating social change. **You'll feel great knowing that you are making a difference every time you shop!**

[Donate Your Spare Change](#)

MTF/AFMTE Webinar for Educators

Are you an educator looking for resources to help build lesson plans? MTF and the Alliance for Massage Therapy Education (AFMTE) invite you to view a new webinar showcasing the educational resources for educators and students available from both organizations.

Familiarize yourself with the array of educational tools available to help you teach students to incorporate research into their everyday work with clients. Earn 1 free CE by taking the quiz at the end of this webinar.



[View The Recording](#)

International Journal of Therapeutic Massage & Bodywork



Learn more about diversity, equity, and inclusion within the massage therapy profession. Consider how the profession can improve the landscape for clients/patients and for those who feel called to work within this field. Check out, "Equity, Diversity, and Inclusion in the Massage Therapy Profession," and other articles in our most recent issue of *IJTMB*.

***IJTMB* is open-access, peer-reviewed, and indexed in PubMed. It is the official journal of the Massage Therapy Foundation and our partner, the Registered Massage Therapists' Association of British Columbia.**

[Visit *IJTMB*](#)

Contribute to Research

We encourage massage therapists to help build the body of research knowledge by being a part of the following two surveys.

Project COPE is an ongoing study chronicling the experiences of healthcare and wellness providers during the COVID-19 pandemic. Help capture unique moments in history by sharing your experiences with study investigators.

[Take the Project COPE Survey](#)

Indiana University is seeking massage therapy clients for the current, ongoing research project, **Assessing Affective Measures in the 2020 Pandemic**. This project aims to describe the affective characteristics (emotions and mood) of all types of massage therapy clients during the 2020 pandemic. **We encourage massage therapists to use the survey as an opportunity to reach out to clients and be a part of research!**

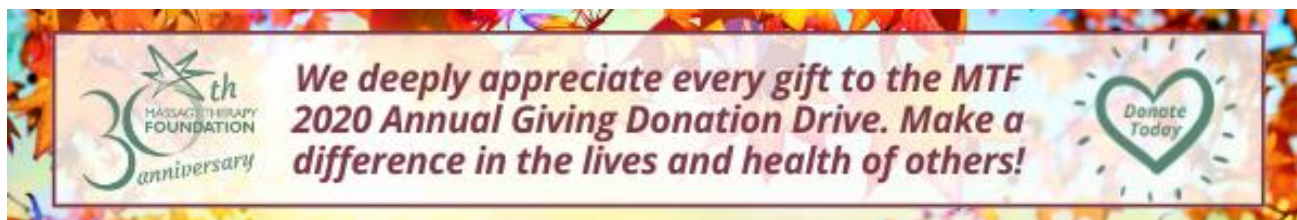
[Download the Client Survey Flier](#)

Grant and Contest Deadlines

- **Student Case Report Contest: Now Accepting Submissions for 2021 Cycle**
- **Research and Community Service Grant Processes to Reopen January 1, 2021**

[Apply Now](#)

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Communicator Sponsorship Opportunities

Is your organization looking for a place to advertise while supporting massage therapy research, education, and community service initiatives? Consider sponsoring an issue of the **Communicator**. One sponsorship is available per issue. Only 12 available per year!

[Learn more about this offer](#)



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