

August 2019

MASSAGE THERAPY FOUNDATION Communicator

SCIENTIFIC RESEARCH • EDUCATIONAL RESOURCES • COMMUNITY SERVICE

MTF Research Grant Award

DVCIPM Study Addresses Massage Therapy Implementation Strategies and Efficacy for Pain and Opioid Crisis within DoD and VA



The Massage Therapy Foundation has awarded \$210,000 for a research grant to the Defense and Veterans Center for Integrative Pain Management (DVCIPM), for the two-year study, "Massage Service Integration in a Military Primary Care Clinic: Implementation and Impact Study."

The DoD and VA populations have significantly higher prevalence of chronic pain compared to civilian populations. As a result, the opioid epidemic witnessed in the civilian population is mirrored in the DoD and VA populations.

"Opioid misuse, addiction, and overdose have reached historic proportions. This is a health emergency and it is essential that the massage therapy profession responds. The DoD agencies are struggling with the opioid crisis and DVCIPM is addressing how evidence-based research can be turned into actionable, sustainable recommendations to mitigate pain and improve care. This study is uniquely positioned to be impactful for veterans, as well as the general public, and to advance research and improve the lives of those affected by this debilitating epidemic. This study addresses how alternative/non-pharmacological therapies complement other interventions for pain and opioid abuse and addiction-related diseases," said Douglas Nelson, President, Massage Therapy Foundation.

The study is funded with generous financial support from the American Massage Therapy Association (AMTA).

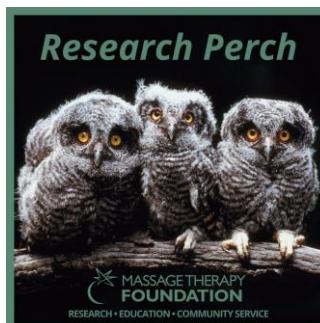
[Read the Press Release](#)

Game Changer: Hospital-Based Massage

Hospital-based massage programs are on the rise as care providers seek non-pharmacological modalities for pain and stress relief. Learn about how these programs work by tuning in to MTF's two-part *Research Perch* podcast interview with guests Corrie Frey, LMT, CIMI, CPMT, and Deborah Zerkle, LMT, CA, CIMT, CPMT, from the Massage Therapy Program at Nationwide Children's Hospital, Columbus, Ohio. Be sure to also check out the accompanying new infographic: **5 Reasons to Consider a Career in Hospital-Based Massage**.

[Visit MTF Hospital-Based Massage Page](#)

Listen to *Research Perch* on iTunes and Stitcher. Subscribe below:





Monster Mash Party Fundraiser



Tickets are on sale now! Kick off the AMTA Convention with a fun Halloween-themed event featuring live music, dancing, games, prizes, and costume contest. Mix, mingle, and show off your creative costume ideas! Enjoy the musical stylings of Doug Nelson, MTF President, and Eric Stephenson. We hope you will join us for this spooktacular fundraiser!

[Get Monster Mash Tickets](#)

*Our thanks to Monster Mash Event Co-Sponsors:
Massage Warehouse and Performance Health*



Free Research Webinar Recordings Available Now

Increase your knowledge and improve your practice! Parts I & II of MTF and National Certification Board For Therapeutic Massage & Bodywork (NCBTMB)'s 2019 Research Webinar Series are available now. Watch the recordings and take a short quiz to earn one free CE per webinar. Stay tuned for Part III coming Fall 2019.

[Watch the Recordings](#)



Doing Well by Doing Good



Engage the clients who visit your practice by becoming a part of our [Doing Well by Doing Good](#) campaign. Through this initiative, a business pledges the proceeds from one massage per month to MTF, providing a chosen client with a certificate of thanks.

Participating businesses will receive a table tent and decal to put up in their practice. **Show off your support for massage therapy research!**

[Make a monthly pledge](#)

Grants and Contest Deadline Reminders



2020 Student Case Report Contest: Open Now

Application deadline: June 1, 2020

[Learn More About Writing a Case Report](#)

Your Support Makes a Difference

MTF is dedicated to making the world a better place. We elevate the profession by funding research grants, scientific conferences, and educational initiatives for massage therapists and by providing direct community service to those in need. **Please consider helping the Foundation continue to fund research and deliver knowledge to therapists' fingertips.**

Now is the time to make research count!

[Donate Now](#)



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