

January 2019

MASSAGE THERAPY
FOUNDATION
Communicator

SCIENTIFIC RESEARCH • EDUCATIONAL RESOURCES • COMMUNITY SERVICE

IMTRC 2019 Call for Posters: 3 Days Left!

Are you involved in massage therapy research? We want to hear about it! The Call for Posters is now open for the International Massage Therapy Research Conference to be held on May 9-10, in Alexandria, Virginia (just outside of Washington, DC).



The deadline to apply is January 31, 2019. Submit a poster for consideration; and forward this email to other researchers who may be interested.

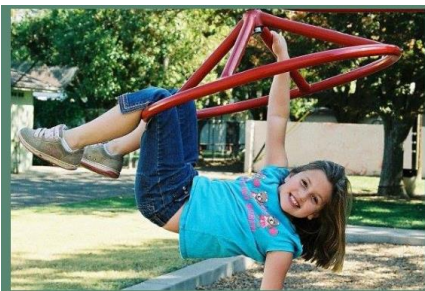
[Click here to learn more and download the application](#)

IMTRC will provide an opportunity to learn the latest research, connect with colleagues, and gain insight into best practices in massage therapy. Held every three years, this important conference brings together thought leaders in the profession and educators to discuss massage therapy innovations.

[Click here to view the full program schedule and register now](#)

#RunningForResearch 2019: John Cassinerio

In writing today I wanted to share a bit of what has inspired me to become a massage therapist and my motivation for running the Boston Marathon to fundraise for the Foundation.



The young lady in this photo is my grand-niece, Sammie Hartsfield. Sammie battled Osteosarcoma for three years before succumbing to the disease at age 12, much too young to have dealt with such trauma. Her fight and drive to battle her disease became a rallying cry for our family to understand what is truly important in life. **Through her challenges I felt a new motivation to help others in a more direct way.** I left a comfortable 28-year career (in tire sales!) and embarked on the life-altering educational journey to become a bodyworker.

I had the great opportunity to become involved with the wonderful teachings of Gayle MacDonald at the Oregon Health Sciences University and learned firsthand (literally) how the power of touch can be life-changing, specifically with patients on the Oncology Wards of the Knight Cancer Institute in Portland, Oregon. This experience is another driving force behind my passion to bring more comprehensive research to the massage therapy field.

Running to support the Massage Therapy Foundation helps me know that I am truly making a difference to support research in my field and literally touching people's lives. Sammie taught me my initial lesson and motivated me to change course. I haven't looked back since.

In the words of Mr. Garcia and Mr. Hunter... She will always be my Inspiration... and continue to Move Me Brightly!

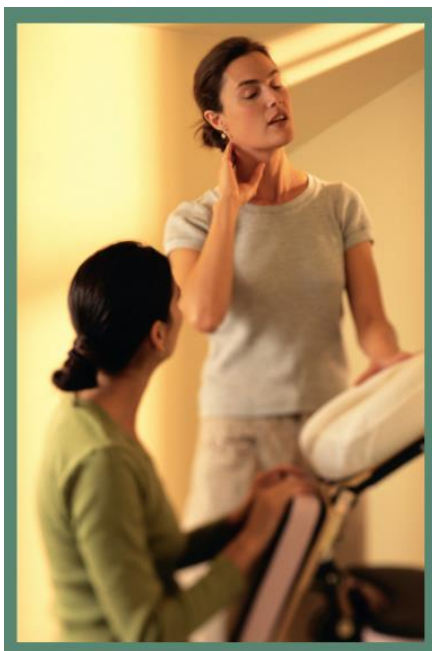
Click here to support me as I run the Boston Marathon on April 15th, 2019 to raise funds and awareness for the Massage Therapy Foundation

Watch for features on our other Team MTF runners in your upcoming Communicator newsletters.

Team MTF—Running for Research will run in the Boston Marathon© on April 15, 2019.



International Journal of Therapeutic Massage and Bodywork



Are you interested in the role ergonomics plays in creating a comfortable and safe environment for massage therapy students and therapists?

Read "Improving Body Mechanics Using Experiential Learning and Ergonomic Tools in Massage Therapy Education," from the Education section of our latest issue of *IJTMB*.

In this article, author, educator, and MTF Trustee Robin Anderson, BA, LMT, BCTMB, CEAS, discusses how **ergonomic factors affect likelihood of work-related injuries and career length for massage therapists.**

Check out this and other articles in our most recent issue of *IJTMB* and share with your colleagues: [Vol 11, No 4 \(2018\)](#)

IJTMB is **open-access, peer-reviewed, and indexed in PubMed**. It is the official journal of the Massage Therapy Foundation and is supported by the [Registered Massage Therapists' Association of British Columbia](#).

MTF Grants and Contests

- [Community Service Grant: Open Now](#)
Application deadline is April 1st, 2019
- [Student Case Report Contest: Open Now](#)
Application deadline is June 3rd, 2019
- [Research Grant: Open Now](#)
Application Deadline is March 1st, 2019
- [IMTRC Call for Posters: Open Now](#)
Application Deadline January 31st, 2019
- [AMTA Convention Poster Session Call: Opening March 20](#)

Make a Positive Impact

We need your support! The Massage Therapy Foundation's budget year is ending soon— help us continue to fund research and deliver knowledge to therapists' fingertips.

For 29 years MTF has moved the profession forward by funding over \$1 million in research grants. Your donations enable therapists to access the supportive resources you need to help clients get out of pain and live their best lives.

Please consider making a donation of \$5, \$20, \$50 or any amount you are able to sustain our efforts in the years to come.

Don't forget to make your donation by February 28th. Show us that research is important to you and your practice ... now is the time to make research count !

Your support makes a difference



Increase your impact by choosing a monthly gift

Communicator Sponsorship Opportunities

Is your organization looking for a place to advertise while supporting massage therapy research, education, and community service initiatives? Consider sponsoring an issue of the *Communicator*. One sponsorship is available per issue. Only 12 available per year!

[Learn more about this exciting offer](#)



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