



*Supporting scientific  
research, educational  
resources & community  
service for the massage  
therapy profession*

March 2018

MASSAGE THERAPY  
FOUNDATION

# Communicator

## 2018 Boston Marathon®: Race Day is Almost Here!

Feel the excitement — only 30 days away! **Team MTF—Running for Research** has been training to run the oldest and most well-known marathon in the world — **The Boston Marathon® as part of John Hancock's Marathon Non-Profit Program**. The goal is achievable! We hope you will join us in supporting massage therapy research, education, and community service by helping our runners raise money for massage therapy research. **They are our heroes!**

**Read more about Team MTF and donate here:**

<https://www.crowdrise.com/o/en/campaign/massagetherapyfoundationincboston2018/>



**Thank you to our Boston Marathon® Premier Sponsor, AMTA!**

**LINDSAY BODKIN**  
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**RUNNING FOR RESEARCH**

MASSAGE THERAPY FOUNDATION

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**DONATE NOW**

*Thank you to Biotone for the in-kind donation of the team artwork*

## Welcome to MTF President Doug Nelson!



We are very excited to welcome **Douglas Nelson, LMT, BCMTB, CNMT**, as our new Massage Therapy Foundation President.

Doug has worked tirelessly behind the scenes for MTF as a volunteer, fundraiser, and guest blogger. He is a passionate advocate for massage therapy.

**Doug began his career in massage therapy in 1977** and maintains an active clinical practice. His particular interest in the role of soft tissue in performance has served his work as a **neuromuscular therapy teacher and consultant to teams in the NBA and NFL, dance companies, and professional musicians.**

He has published numerous journal and magazine articles and is the author of two books. He has been the recipient of many awards in his field, including the **2013 Massage Therapy Educator of the Year** and the **2015 Pioneer Award** from the Illinois Chapter of the American Massage Therapy Association.

**As our new President, Doug brings with him a wealth of experience and expertise that will be a tremendous asset to furthering the Foundation's mission** of bringing scientific research, education, and community service to the massage therapy profession.

## Take Me Out to the Ball Game





Do you love baseball or hanging out with friends on a summer night? Will you be attending the 2018 AMTA National Convention in Washington, D.C.? We have fantastic news for you!

On Wednesday, August 8, 2018, the Massage Therapy Foundation will host a baseball fundraising event, "Take Me Out to the Ballgame," during the AMTA National Convention. You are invited!

The evening will bring together convention attendees, exhibitors, and guests to enjoy a night of fun and networking while watching the 2017 NL East Champions, Washington Nationals, play the Atlanta Braves at the beautiful Nationals Park. The game will begin at 7:05 p.m. EDT.

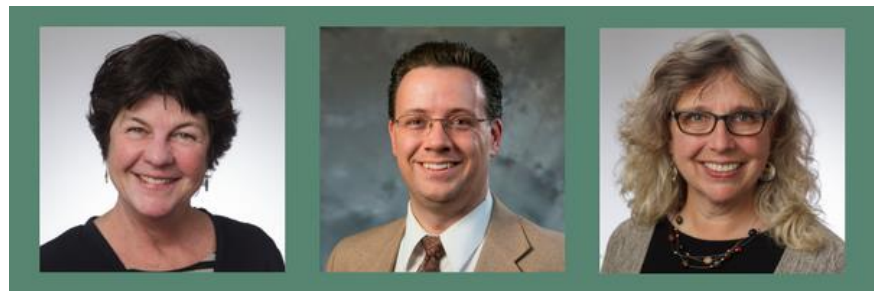
Tickets are available now. All proceeds benefit the Massage Therapy Foundation. We hope you can make it! Sponsorships are also available. Contact [mgamze@massagefoundation.org](mailto:mgamze@massagefoundation.org) for more information.

To purchase tickets click here: [Ballgame Tickets](#) or call 847-905-1635.

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## Thank You Outgoing Trustees!

Our sincere appreciation goes out to **Sharon Marden Johnson, Nathan Nordstrom,** and **Ruth Werner** for their service on the MTF Board of Trustees. We look forward to working together as all three continue to serve on our MTF committees.



Keep an eye out for next month's *Communicator* feature on our three new trustees, **Robin Miccio, Niki Munk, and Dolly Wallace!**

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## Upcoming Grant Submission Deadlines — Closing Soon!

**Community Service Grants:**  
**April 2, 2018**

**Poster Abstract:**  
**April 2, 2018**

**Student Case Report Contest**  
**June 1, 2018**



Click on the graphics above to enter our grant portal or access all grants and contests here:  
<http://massagetherapyfoundation.org/grants-and-contests/>

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## Don't Miss the Latest Issue of *IJTMB*

The *International Journal of Therapeutic Massage & Bodywork (IJTMB)* is an open-access, peer-reviewed publication filled with vital information that we all can share. Extend your knowledge and improve your practice!

Check out the newest issue here and share with your colleagues as well: [IJTMB Volume 10, Number 4 \(2017\)](#)

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## Be Part of Something Greater

**Massage is a lifeline that makes all the difference in the world to individuals struggling with the unimaginable;** amputations, serious burns, terminal illness (in children and adults), cancer, HIV, domestic violence, chronic pain, and many others. **Yet these populations often lack access to massage therapy.**

**MTF Community Service Grants** bring massage therapy to those who need it most. Our **education initiatives** increase the quality of care that massage therapists are able to provide. Our **Research Grants and other research resources** enhance the understanding of the role of therapeutic massage in health-care delivery.

**Please consider joining us** in making a huge difference in the lives of others and the future of the massage therapy profession. **Become part of something greater; a movement to advance the knowledge and practice of massage therapy.**

Your Gift Makes  
A Difference  
Thank You



Did you miss our last Communicator? Previous issues may be accessed below:

[February 2018 Communicator](#)

[January 2018 Communicator](#)

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