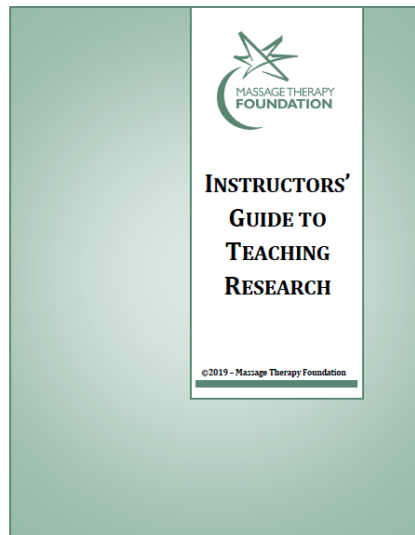


May 2019

MASSAGE THERAPY
FOUNDATION
Communicator

SCIENTIFIC RESEARCH • EDUCATIONAL RESOURCES • COMMUNITY SERVICE

New eBook: *Instructors' Guide to Teaching Research*



The Foundation believes that massage therapy research and education should be available and accessible to everyone. As part of this mission, we are proud to present our brand new FREE eBook, ***Instructors' Guide to Teaching Research***.

Designed for massage therapy educators, the *Guide* is a playbook of creative strategies and activities used by subject matter experts to teach students:

- how to define research;
- why research is relevant;
- how to locate and access research resources, and
- how to become involved in conducting research.

Enjoy this and our other eBooks completely free of charge:

[Download Your Free Copy](#)

#RunningForResearch 2019: Last Chance to Donate



You don't have to run 26.2 to make a huge difference for massage therapy research.

Team MTF's 2019 Boston Marathon fundraiser has raised \$63k and is **only \$3K from goal!** All donated funds go to the Massage Therapy Foundation, supporting vital scientific research for the massage therapy profession. **If you have not yet donated, there is still time to help MTF cross the finish line— donate by May 31st!**

[Click here to support Team MTF](#)

#IMTRC2019



The 2019 International Massage Therapy Research Conference (IMTRC), held May 9-10 in Alexandria, Va., was an excellent opportunity for attendees to learn about the latest research moving the massage therapy profession forward and to connect with colleagues and researchers. IMTRC's lineup of thoughtful and inspired presentations made the conference a tremendous success!

IMTRC 2019 featured **Keynote Speaker Dr. Helene Langevin, from the National Center for Complementary and Integrative Health** (pictured top center), panel presentations on **Addressing the Opioid Epidemic** with MT and **MT for Pain Management**, and education sessions about **Breast Cancer, Low Back Pain, Arthritis, and Anxiety**. Posters covering a variety of massage research topics added more great content for discussion.

[View & Download Presentation Slide Decks](#)

[View & Download Posters](#)

A great turnout of more than 300 attendees eager and excited to network and learn more about research made IMTRC 2019 an unforgettable and fun experience. Sponsors and exhibitors were instrumental in making this conference a true joy to attend. We were also honored to be joined by Gordon MacDonald (RMTBC Executive Director) and Rob Hemsworth (RMTBC Research Dept.) from our *IJTB* journal partner, **Registered Massage Therapists' Association of British Columbia** (pictured top right with MTF President Doug Nelson).

Our thanks to all who attended! Learn more and check out photos from this event by clicking below:

[Sponsors & Exhibitors](#)

[See More Photos from IMTRC 2019](#)



American Massage Therapy Association
& Massage Therapy Foundation
Board Members at IMTRC 2019

*Our deepest appreciation to the
American Massage Therapy Association (AMTA)
for being the presenting sponsor for IMTRC 2019*



Grants and Contest Deadline Reminders



Student Case Report Contest: Closing Soon

Application deadline: June 3, 2019

AMTA Convention Poster Session Call: Open Now

Application deadline: June 28, 2019

[Learn More About MTF Grants and Contests](#)

Your Support Makes a Difference



For 29 years MTF has provided countless resources to push the profession forward:

Over \$1 million in research grants

Over \$500k in Community Service Grants

- Downloadable #VisualAbstracts
- Student Case Report Contest
- *Research Perch* Podcast

- Research Conferences
- Peer-reviewed, Open-access Journal: *IJTMB*

Help MTF continue to fund research and deliver knowledge to therapists' fingertips. Now is the time to make research count !

Donate Now

Communicator Sponsorship Opportunities

Is your organization looking for a place to advertise while supporting massage therapy research, education, and community service initiatives? Consider sponsoring an issue of the **Communicator**. One sponsorship is available per issue. Only 12 available per year!

[Learn more about this offer](#)



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