

November 2018



Communicator

SCIENTIFIC RESEARCH • EDUCATIONAL RESOURCES • COMMUNITY SERVICE

2019 Team MTF—Running for Research

The Massage Therapy Foundation is excited to announce the selection of four runners for our 2019 Boston Marathon© team as part of the John Hancock Non-Profit Marathon Program.

Congratulations to this year's #RunningForResearch team:

- Elizabeth Cain, Indiana
- John Cassinerio, Washington
- Rocky Chen, Oklahoma
- Joyce Prahasky, Florida

Team MTF—Running for Research will run in the Boston Marathon© on April 15, 2019!



2019 Team MTF— #RunningForResearch



Elizabeth Cain



John Cassinerio



Rocky Chen



Joyce Prahasky

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Your donation helps MTF bring scientific research, educational resources, and humanitarian service to your community

2018 Research Grant Awarded

The Foundation is pleased to announce the award of a **\$30,000 MTF Research Grant to Kelly Tanner, PhD, OTR/L, at Nationwide Children's Hospital**, Columbus OH, for her study, ***Effect of Massage Therapy on Opiate Use in the Hospital-Based Pediatric Population***.



The study will explore the role of and evidence for massage therapy (MT) in treating pain in pediatric patients admitted to a pediatric hospital. It will describe the extent of consultations and utilization of MT in a large, urban, Midwestern, freestanding, pediatric hospital, and then determine the extent to which MT reduces use of opioid pain medication during hospital admissions.

This research will help establish baseline demographics for a hospital-based pediatric population while advancing MT as an alternative to opioid use in this population.

[Click here to learn more about our Research Grants](#)

IMTRC Presenters: Addressing the Opioid Epidemic with Massage Therapy



As the United States struggles with an epidemic of opioid use and its devastating effects on lives, society and the economy, it's important to consider the role massage therapy can play in pain management. **Hear from leading experts at the International Massage Therapy Research Conference (IMTRC)** as they discuss integrative strategies to address the current opioid crisis, and the innovative research on the horizon.

[View IMTRC 2019 Presenters](#)

[Register Today](#)

IMTRC 2019 will be held May 9-10, 2019, in Alexandria, Virginia (just outside of Washington, D.C.).

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We are transitioning from posting to our informal LinkedIn Community group to using a Company Page format. Even if you joined our LinkedIn group in the past, you may not be connected with our Company Page.

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The International Journal of Therapeutic Massage and Bodywork



IJTMB is **open-access, peer-reviewed, and indexed in PubMed**. It is the official journal of the Massage Therapy Foundation and is supported by the [Registered Massage Therapists' Association of British Columbia](#).

Through *IJTMB*, the Foundation provides **peer-reviewed case reports and scientific information free of charge** to therapists, students, medical professionals, patients, and anyone else who may be interested in the science behind therapeutic massage.

Check out the most recent issue here and share with your colleagues: [Vol 11, No 3 \(2018\)](#)

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