

September 2018

MASSAGE THERAPY  
FOUNDATION

# Communicator

SCIENTIFIC RESEARCH • EDUCATIONAL RESOURCES • COMMUNITY SERVICE

## 2019 Team MTF—Running for Research

For a seventh year, the Foundation is participating in the Boston Marathon® as part of the John Hancock Non-Profit Marathon Program. Exciting news! The Boston Marathon® is the world's oldest annual marathon and running it is a major "bucket list" item for serious distance runners throughout the world.

**The Foundation is seeking four enthusiastic runners to join Team MTF—Running for Research.** Apply to run in the 123rd Boston Marathon® on April 15, 2019 and help MTF raise funds for scientific research, education initiatives, and community service for the massage therapy profession.

[Apply Today!](#)

Application deadline: October 15, 2018

### Massage Therapy Foundation and John Hancock's Marathon Non-Profit Program

2013

MTF has participated every year since 2013. That's seven consecutive years!



20

Team MTF  
runners from  
15  
Different states

\$326,817

Total dollars  
raised for MTF  
through this  
program

## 2018 MTF Community Service Grantees

The Foundation is excited to announce the award of four Community Service Grants for the 2018 granting cycle. Community Service Grants bring the benefits of massage therapy to people who

desperately need them, but would otherwise not have access to massage.

**Congratulations to this year's grantees:**

- **Disability-Competent Massage Therapy for Individuals with Spinal Cord Injury & Related Disabilities**, Chanda Plan Foundation, Lakewood, CO
- **Mom and Baby Healthy Touch Project**, Mary's Center, Washington D.C.
- **Combatting the Opioid Epidemic by Providing Massage Therapy to People with Chronic Pain**, US Pain Foundation, Inc., Middletown, CT
- **Massage Therapy for Survivors**, Womankind, New York, NY

[Learn more about MTF's 2018 Community Service Grantees](#)

**"Hand Tested and Backed by Research"**



Show your support for the massage therapy profession with a fun and stylish new T-Shirt. They make great conversation-starters!

2018 Massage Therapy Foundation T-shirts are now available through Massage Warehouse. All proceeds benefit MTF.

Get yours today and support scientific research, education, and community service for the massage therapy profession!

[Click here to purchase 2018 MTF T-Shirts](#)

**Join Our LinkedIn Network**

Join our LinkedIn Company Page to receive insights, articles, and news directly to your news feed.

We are transitioning from posting to our informal LinkedIn Community group to using a Company Page format. Even if you joined our LinkedIn group in the past, you may still not be connected with our formal Company Page.

[Sign up here to stay up-to-date](#)



**IMTRC 2019**



**MTF's International Massage Therapy Research Conference (IMTRC)** will be held May 9-10, 2019, in Alexandria, VA (just outside of Washington, D.C.).

**Hear about the latest research, network with colleagues and researchers, and get ready to apply the current science to your practice.** Held every three years, IMTRC brings together thought leaders to discuss the latest innovations in evidence-based research. We hope you will be able to attend.

**Questions?**

Email [imtrc@massagetherapyfoundation.org](mailto:imtrc@massagetherapyfoundation.org)

[Read more about IMTRC 2019](#)

## **Communicator Sponsorship Opportunities**

**Advertise here. Sponsor an issue of the *Communicator* and reach over 20,000 readers.** One sponsorship is available per issue. Only 12 available per year!

[Learn more about this exciting opportunity](#)

## **MTF Video: Support and Advocacy for the Massage Therapy Profession**

This exciting overview video is a great introduction to our many programs and initiatives. Learn more about the work of the Foundation; you may even be surprised!

The video provides an easy way to help get the word out about MTF's wonderful programs and initiatives.

Please share it with colleagues, allied medical professionals, students, and friends.



[View the new MTF video here](#)

## **The *International Journal of Therapeutic Massage and Bodywork***



**IJTMB is open-access, peer-reviewed, and indexed in PubMed.** It is the official journal of the Massage Therapy Foundation and is supported by the [Registered Massage Therapists' Association of British Columbia](#).

Through **IJTMB**, the Foundation provides case reports and scientific information free of charge to therapists, students, medical professionals, patients, and anyone else who may be interested in the science behind therapeutic massage.

**Check out the most recent issue here and share with your colleagues:**

[Vol 11, No 2 \(2018\)](#)

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## Student Case Report Contest



Are you a current massage therapy student with a case report to share? **Student Case Report submission dates have changed** in order to accommodate students who graduate between June and September. Students must still submit before their graduation date, but the contest will accept applications year-round. Applications will be reviewed once per year.

[Apply here](#)

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*Your gift makes a difference*



*We appreciate your support*



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Massage Therapy Foundation  
500 Davis Street, Suite 950  
Evanston, Illinois 60201  
Phone :847.869.5019 Fax: 847.864.1178  
[www.massagetherapyfoundation.org](http://www.massagetherapyfoundation.org)  
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