

January 2022

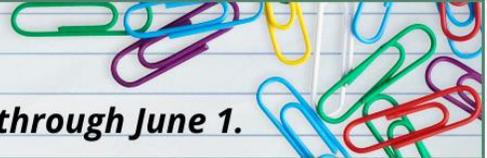


Communicator

SCIENTIFIC RESEARCH • EDUCATIONAL RESOURCES • COMMUNITY SERVICE

Are you a student with an interesting client?

MTF's Student Case Report Contest is open now through June 1.



IMTRC 2022 Registration is Now Open!



International
Massage
Therapy
Research
Conference

May 12-13, 2022 | Alexandria, Virginia

MTF's 2022 International Massage Therapy Research Conference (IMTRC) is on May 12-13, 2022 in Alexandria, Virginia. Held every three years, IMTRC brings together thought leaders and educators in the profession to discuss massage therapy innovations and the latest research.

2022 Session Topics Include:

- Massage Therapy as an Integrative Approach to Managing Chronic Pain
- The Latest Science on Muscles and Massage
- Hospital-Based Massage Therapy: Improving the Quality of Life for Patients

Connect with your colleagues and learn the latest science to apply in your practice; we hope to see you there!

[Register Today](#)

2022 Team MTF #RunningForResearch



Support research into the benefits of massage, education for therapists, and community service projects that bring massage to the underserved

Our thanks to Team MTF Premier Sponsor: amta



MTF's 2022 #RunningForResearch Team Selected

The Massage Therapy Foundation Team MTF—Running for Research is honored to have received four charity bibs to run in the 126th Boston Marathon, taking place April 18, 2022. Our 2022 runners have now been selected:

- Nancy Anderson Dollinger, Bismark, ND
- Stacey Breslin, Schuylkill, PA
- Lauren Hirsch, Carmichael, CA
- Sarah Lau-Melby, Holmen, WI

[Read more about them in MTF's 2022 team selection press release by clicking here.](#)

You can be a part of this exciting time too! Your donation helps cheer along our athletes on their road to Boston while supporting MTF research, education, and community service programs vital to the MT profession.

Support Team MTF #RunningForResearch

Gentle Yoga With Kim Nimmo

Relax and recharge in this hour-long gentle and nurturing online yoga and meditation class with yoga instructor and MTF Board member, Kim Nimmo, while at the same time lending support to the Massage Therapy Foundation.

Join us for a soothing yoga practice focused on calming the body and mind through gentle stretching, yoga poses, guided breathing techniques, and guided meditation. **Free with donation of \$10 or more to the Massage Therapy Foundation.**

Sign Up



Runner Spotlight: Nancy Anderson Dollinger



Nancy Anderson Dollinger

Meet the 2022 Team MTF Boston Marathon runners!

Nancy Anderson Dollinger is a Licensed Massage Therapist from Bismark, North Dakota, who will be running her first full marathon this April in Boston.

She looks forward to channeling her love for running to support MTF as well as her clients. Read on to learn more about what inspired Nancy to run Boston to fundraise for MTF, and stay tuned to learn about the rest of the team in upcoming *Communicator* issues.

Read Nancy's Blog

A Great Reason to Smile

Did you know you can easily contribute to the Massage Therapy Foundation while making everyday purchases through your Amazon Shopping app?

Ensuring that your purchases count towards making a difference is easier than ever—setup takes only a minute, and then you watch your donations accrue with every future Amazon purchase.

Click below for a step-by-step walkthrough of how to set it up.

[Donate to MTF via Your Amazon App](#)



Grants and Contests Now Open

- **Research Award (over \$30,000) submission deadline March 1, 2022**
- **Community Service Grant submission deadline March 1, 2022**
- **Student Case Report Contest submission deadline June 1, 2022**
- **The IMTRC 2022 Call for Posters is open; deadline is January 14, 2022.**

[Apply Now](#)

Help Us Build on Our Tradition of Service

Your donation allows the Massage Therapy Foundation to build on 30 years of service and continue to provide valuable research grants and conferences, FREE educational webinars, study materials, and a peer-reviewed journal to give you and your colleagues the edge you need to make a difference in the lives of others.



Sign up and Amazon will donate a portion of your purchase to MTF



Make a direct donation to support MTF projects



Make a difference today and tomorrow

Communicator Sponsorship Opportunities

Is your organization looking for a place to advertise while supporting massage therapy research, education, and community service initiatives? Consider sponsoring issues of the *Communicator*. One sponsorship is available per issue. Only 12 available per year!

[Learn more about this offer](#)



Did you miss our last *Communicator*?

[View previous issues on our Communicator Archives page](#)

Massage Therapy Foundation
500 Davis Street, Suite 950
Evanston, Illinois 60201
Phone :847.869.5019 Fax: 847.864.1178
www.massagetherapyfoundation.org
Email not displaying correctly?
[View it in your browser](#)
[Unsubscribe](#)