

February 2020



MASSAGE THERAPY
FOUNDATION

Communicator

SCIENTIFIC RESEARCH • EDUCATIONAL RESOURCES • COMMUNITY SERVICE

#RunningForResearch 2020: Oliver Layco

2020 will mark the Foundation's eighth consecutive year participating in the Boston Marathon through the John Hancock Non-Profit Marathon Program. **Learn more about each of MTF's four #RunningForResearch team members as we spotlight one runner each month.** This month: Oliver Layco.



2020 Team MTF runner Oliver Layco became an MT through his love of running. Now his love of massage therapy research has led him to run Boston for MTF! Read more about his journey here:

[Read Oliver's Story](#)

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MTF Ergonomics Project Update: Portland, Oregon



Data collection for the MTF Ergonomics Project continues!

Earlier this month Ergonomists and Project leaders visited Portland, Oregon, for a day of data collection at East West College of the Healing Arts. **Our thanks to the local therapists who volunteered for this event!**

Data collection continued the following day at Soma Massage in Lake Oswego, Oregon. Check out the short video update below!

[Watch the Video Update](#)

New Research Perch:

Enhancing Curriculum with MTF's *Teaching Research* eBook

New Research Perch! Listen as MTF volunteers speak with Beverley Giroud, LMT, Director of Education at the **Costa Rica School of Massage Therapy**, Samara, Costa Rica, about how she has implemented the *Instructors' Guide to Teaching Research* in her classes.

Listen in today and be sure download your free copy of the eBook— a useful resource for everyone who is curious about research!

[View New Research Perch](#)



Grantee Spotlight: Center for Traditional Medicine



MTF has awarded The Center for World Indigenous Studies of Olympia, Washington, with a 2019 MTF Community Service Grant for their project entitled *Diabetes Massage for the Underserved in Rural and Urban Mexico*. The Center for World Indigenous Studies is one of five 2019 MTF Community Service Grant recipients.

This \$5,000 grant will support the delivery of diabetes-specific massage and self-massage education for disadvantaged rural indigenous and urban people in Mexico who are otherwise unable to access massage.

[Learn More About this Grant](#)

Grants and Contests

Grant deadlines are approaching soon! Apply today!

- 2020 Research Grant: **Apply by March 2, 2020**
- 2020 Community Service Grant: **Apply by April 1, 2020**
- 2020 Poster Session Abstract: **Apply by April 15, 2020**
- 2020 Student Case Report Contest: **Apply by June 1, 2020**

[Learn More About MTF Grants and Contests](#)

Make a Difference: Support MTF's Annual Giving Drive



MTF's fiscal year ends February 29. Help us meet our goal!

Your support ensures that you and your colleagues continue to have access to the research you need to thrive and deliver quality care. **Show your recognition for the value of research by standing with our amazing supporters.**

It's easy – [just click here to make your gift online today.](#)

Donate Now

Thank you for making a commitment to further the practice of massage therapy!

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