

February 2021

# MASSAGE THERAPY FOUNDATION Communicator

SCIENTIFIC RESEARCH • EDUCATIONAL RESOURCES • COMMUNITY SERVICE

**APPLY NOW:**  
**Research Grant Deadline**  
**is March 1st!**



## Deep Thanks to Outgoing MTF President Doug Nelson



The Massage Therapy Foundation (MTF) sincerely thanks Doug Nelson, LMT, BCTMB, our outgoing President, on Feb 28, 2021, for his many years of service and unyielding leadership.

Throughout his tenure as MTF President, Doug worked closely with MTF Board, committees, volunteers, and staff on many initiatives. His commitment contributed to heightening the important role of massage therapy research literature in the profession. Doug will remain as an Officer of the Foundation as Past-President and Chair of the Development/Marketing Committee.

[Read the Blog](#)

Stay tuned for the introduction of incoming MTF President, Robin B. Anderson, MEd, LMT, BCTMB, CEAS, in next month's *Communicator*.

## Community Matters

Did you know that the Massage Therapy Foundation offers Community Service Grants to those striving to serve their communities through the practice of massage therapy?

### Past MTF Community Service Grant Projects

To date, MTF has granted \$450,813 to 90 different Community Service Grant Projects all over the globe and served diverse populations ranging from prisoners transitioning back to society, to children orphaned by the Japanese tsunami, to farm laborers in Central Mexico. Explore the stories of those impacted by these programs.



## **Research Perch**



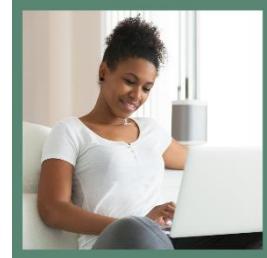
### **Research Perch Podcast: MTF Community Service Grant Program**

Join host Doug Nelson, LMT, BCTMB, and MTF Community Service Grant Review Committee Chair, Adrienne F. Asta, BA, LMT, as they discuss the purpose and value of MTF Community Service Grants and describe some of the projects that have been funded over the history of the program.

### **2021 Community Service Grant Application**

Do you work with an organization providing massage to people in need? Consider applying for an MTF Community Service Grant. We accept applications from the U.S. and internationally.

**Our 2021 grant application deadline is May 3, 2021.**



### **Learn More About Community Service Grants**

### **Practice-Based Research Networks**



**Have you checked out the newest issue of *IJMB*?** Vol 13 No 4 (2020) includes the publication of *Practice-Based Research Networks and Massage Therapy: a Scoping Review*. Learn more about how practice-based research networks can connect therapists in order to provide meaningful research data to the profession.

***IJMB* is open-access, peer-reviewed, and indexed in PubMed. It is the official journal of the Massage Therapy Foundation and our partner, the Registered Massage Therapists' Association of British Columbia.**

**Visit *IJMB***

### **Thank You to Our Outgoing Trustees**



**Christopher Deery,  
LMT, BCTMB**



**Jennifer Dexheimer,  
BS, LMT**



**Robin Miccio,  
MS, LMT, CEIM**



**JoEllen Sefton,  
PhD, ATC, LAT**

**Our sincere appreciation goes to outgoing fiscal year 20/21 Trustees Christopher Deery, Jennifer Dexheimer, Robin Miccio, and JoEllen Sefton for their service on the MTF Board of Trustees (BOT).**

We thank each of these passionate individuals for their many years of dedication to the MTF mission and vision. We look forward to continuing to work together through MTF Committees and other projects to help push the profession forward.

Learn more about MTF's new FY 21/22 Trustees in next month's *Communicator*!

## Ongoing Research Surveys

We encourage massage therapists to help build the body of research knowledge by being a part of the following two surveys.

**Project COPE** is an ongoing study chronicling the experiences of healthcare and wellness providers during the COVID-19 pandemic. Help capture unique moments in history by sharing your experiences with study investigators.

[Take the Project COPE Survey](#)

Indiana University is seeking massage therapy clients for the current, ongoing research project, *Assessing Affective Measures in the 2020 Pandemic*. This project aims to describe the affective characteristics (emotions and mood) of all types of massage therapy clients during the 2020 pandemic. We encourage massage therapists to use the survey as an opportunity to reach out to clients and be a part of research.

[Download the Client Survey Flyer](#)

## Grant and Contest Deadlines

- **2021 Community Service Grant Process Now Open: Deadline is May 3, 2021**
- **Student Case Report Contest Open: 2021 Submissions due June 1, 2021**
- **Research Grant Pre-Proposal: Deadline is March 1, 2021**

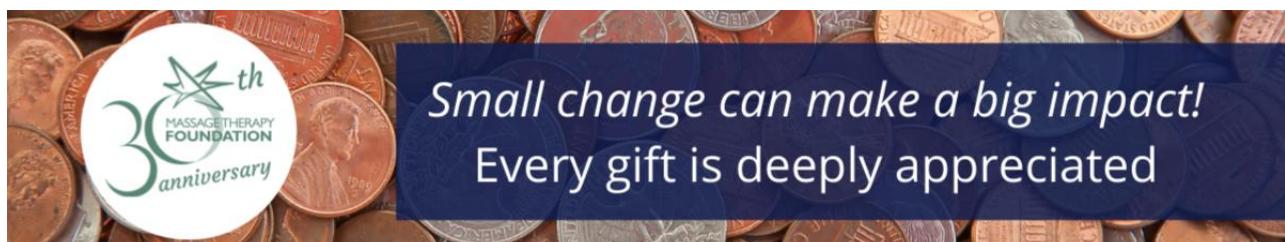
[Apply Now](#)

## Donate to MTF: Make a Difference Today

As this pandemic has been a challenge for the entire industry, the MTF, too, has experienced a significant loss of funding sources due to cancelled fundraising events and sponsorships.

If you are able, we invite you to make micro donations using MTF's new Spare Change Program. Round up your everyday purchases and donate spare change via your credit. Set a maximum amount to fit your budget—from as low as \$5 monthly. Go to: <https://app.cheerfulgiving.com/p/massage-therapy-foundation>.

If you are in a position to make a charitable gift, please donate. If you are a Foundation champion who is unable to give at this time, please share this [donation link](#) with your colleagues.



*Small change can make a big impact!  
Every gift is deeply appreciated*

## **Communicator Sponsorship Opportunities**

**Is your organization looking for a place to advertise while supporting massage therapy research, education, and community service initiatives? Consider sponsoring issues of the *Communicator*. One sponsorship is available per issue. Only 12 available per year!**

[Learn more about this offer](#)

---



Did you miss our last *Communicator*?

[View previous issues on our Communicator Archives page](#)

Massage Therapy Foundation  
500 Davis Street, Suite 950  
Evanston, Illinois 60201  
Phone :847.869.5019 Fax: 847.864.1178  
[www.massagetherapyfoundation.org](http://www.massagetherapyfoundation.org)  
Email not displaying correctly?  
[View it in your browser](#)  
[Unsubscribe](#)