

February 2022



MASSAGE THERAPY  
FOUNDATION

# Communicator

SCIENTIFIC RESEARCH • EDUCATIONAL RESOURCES • COMMUNITY SERVICE

**Do you work with an organization providing massage to people in need?**



***MTF's Community Service Grant application process is open through March 1. Apply Now!***

## IMTRC Keynote: Peter Murray, PhD



**Don't miss the opportunity to hear leading researchers and colleagues discuss the role that massage therapy plays in an integrated approach to care.**

**Listen as Keynote speaker, Peter Murray, PhD, Program Director of the National Center for Complementary and Integrative Health, discusses NCCIH research priorities and how they relate to the massage therapy community. In this inspiring opening to the 2022 IMTRC program, hear more about NCCIH's work related to integrative approaches to pain management and the role of massage therapy in that conversation.**

**Check out full Education Session descriptions by clicking below. We hope to see you there!**

[Check Out What's Happening at IMTRC 2022](#)

## 2021 Research Support Grant Awarded

**MTF is excited to announce the award of one Research Support Grant for the 2021 granting cycle of \$30,000 to Vanderbilt University Medical Center, Nashville, Tenn., for its project, *Mindful Awareness in Body-Oriented Therapy (MABT) for Chronic Pain: An Implementation Science Pilot Study.***

This pilot study, with Principal Investigator, Kathryn Hansen, ANP-BC, and mentoring from Dr. Cynthia Price, will explore how to successfully implement MABT to reduce symptomatic distress for those in chronic pain.



[Read More](#)

[Vote for MTF in Project4Awesome](#)



Please help, quick & easy favor to ask of you.

MTF is participating in Project for Awesome's video contest, where we posted a video about MTF's awesome 2022 Boston team. The charities with the top-voted videos will receive donations from the Foundation to Decrease World Suck!

This year, our amazing runners, Nancy, Stacey, Lauren, and Sarah, have created a video highlighting the work of MTF and their focus on their most passionate community service projects.

We're asking for your help to vote for MTF's video and enable us to receive a donation. Voting begins today, Friday, February 25 and goes through through Sunday, February 27th!

Be Awesome—Vote Now!



### Runner Spotlight: Lauren Hirsch

Meet the 2022 Team MTF Boston Marathon runners!

A graduate of National Holistic Institute's Advanced Neuromuscular Training Program, MTF runner Lauren Hirsch is passionate about the power of research to transform lives.

Read on to learn more about what inspired Lauren to run Boston to fundraise for MTF, and stay tuned to learn about the rest of the team in previous and upcoming *Communicator* issues.



Read Lauren's Blog



Show Off Your Support!

Spark conversation and support your Foundation with MTF swag! MTF's Zazzle store is open. Add MTF designs to any of hundreds of customizable items today.

[Visit Our Zazzle Store](#)

### Grants and Contests Now Open!

- **Research Award (over \$30,000) submission deadline March 1, 2022**
- **Community Service Grant submission deadline March 1, 2022**
- **Student Case Report Contest submission deadline June 1, 2022**

[Apply Today](#)

### Your Gift Helps Heal and Inspire

We are very grateful to our donors who have recently given. If you have not, support the programs you rely on by helping raise these critical final dollars by midnight on February 28th.

Right now, we are \$2,800 away from our goal; help us finish strong!

You and donors like yourself make it happen!  
If you are able, please help us continue to serve you by making a gift today.



### Communicator Sponsorship Opportunities

Is your organization looking for a place to advertise while supporting massage therapy research, education, and community service initiatives? Consider sponsoring issues of the **Communicator**. One sponsorship is available per issue. Only 12 available per year!

[Learn more about this offer](#)



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[View previous issues on our Communicator Archives page](#)

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