

February 2023



Communicator

SCIENTIFIC RESEARCH • EDUCATIONAL RESOURCES • COMMUNITY SERVICE


Fireside Chat
Wednesday, March 8, 7-8PM CST

Chat with Your 2023 Boston Team MTF Runners!
Click here to register for the Zoom call



Adrienne Asta, BA, LMT
Massage Therapy Foundation President



MTF Research Grant Studies MT for Cancer Care Side Effects



MTF has awarded \$187,012 for a research grant to Bove Consulting, Kennebunkport, ME, for their 2-year study, **“MT as a Preventative for Post-Irradiation Fibrosis and Neuropathy.”**

“This study promises to provide insight into the mechanistic benefits of massage therapy post-cancer irradiation. **We are thrilled to have this opportunity to advance research and the evidence-informed practice of therapeutic massage,**” said Adrienne F. Asta, MTF President.

The study is funded with generous financial support from the American Massage Therapy Association (AMTA).

[Click here for the Press Release and Video](#)

MTF Practitioner Case Report Contest is Back!

Working with clients can bring fascinating insights into the many massage applications. Practitioners are invited to write up your findings and help play an important role in research literature.

Enhance your professional development, communication and critical thinking skills while contributing to future research and clinical practice! The contest is open to all U.S. & international massage practitioners.

[Learn How to Submit Your Case Report](#)



Not sure where to start? Join us for a free webinar to learn more about MTF's case report contest. Members of MTF's Case Report Contest Committee will review guidelines and expectations and answer your questions.

All are welcome. We look forward to meeting you and learning about your projects!

[Register for the Webinar](#)

MTF Partners with the Canadian Massage Therapy Association (CMTA)



The Massage Therapy Foundation is excited to announce a new partnership with the Canadian Massage Therapy Association (CMTA)!

This collaboration will allow both organizations to co-create new opportunities for expanding the global influence of MTF's resources of massage therapy research, community service, and educational endeavors.

[Read More](#)

Boston 2023: Dennis Jones

Dennis Jones is an avid triathlete and cyclist who is passionate about charity fundraising. **Spurred by his positive experiences enjoying the benefits of massage and his love of giving back to the community, Dennis is taking on the challenge of the 2023 Boston Marathon!**

Read on to learn more about what inspired Dennis to run Boston to fundraise for MTF, and learn more about the rest of the team in previous and upcoming *Communicator* issues.



[Read Dennis' Blog and Support his Road to Boston](#)

Donate to Dennis' charity run by scanning the QR code or visiting:

www.givengain.com/ap/dennis-jones-raising-funds-for-massage-therapy-foundation/#timeline



Transformational Insight: The Jacquelyn Project Blog



When Marshall Dahneke's then 26-year old daughter was diagnosed with cancer, he joined her in making sweeping lifestyle changes, deepening his awareness of clean living as an personal investment opportunity. Learn more about his journey as he prepares to run the 2023 Boston Marathon in memory and honor of his late daughter, Jacquelyn, while raising funds for MTF.

[Read this month's Jacquelyn Project Blog](#)

Grants and Contests Open Now

- Research Award Grant (over \$30k): submit by March 1, 2023
- Community Service Grant: submit by June 1, 2023
- 2023 Student Case Report Contest: submit by June 1, 2023
- 2023 Practitioner Case Report Contest: submit by June 1, 2023

[Apply Here](#)

YOU are the Foundation!



Scan to easily donate
or use Apple Pay or Google Pay

[Our goal is for 1,000 massage therapists to donate \\$5 each— can we count on you?](#) If you are able to give more, all amounts are appreciated!

You can help MTF build on 32 years of service—every single day! **It's easy to show your support**; make a gift, and/or spread the word to your friends, family, and colleagues!

Feel good about supporting vulnerable communities in desperate need of massage, furthering research, and helping to educate therapists.

Please show your support for our programs!

[Click Here—Make Your Impact!](#)

Visit us: www.massagetherapyfoundation.org

