

February 2025



Communicator

SCIENTIFIC RESEARCH • EDUCATIONAL RESOURCES • COMMUNITY SERVICE

2025 IMTRC Offerings

2025 International Massage Therapy Research Conference (IMTRC) is excited to announce its full presentation lineup. Up to 16 Continuing Education (CE) credits are available for IMTRC 2025, including 3 CEs for the optional MassageNet session at conclusion of day three.

Explore session topics including:

- **Whole body health;**
- **The value of practice-based research networks;**
- **MT for radiation-induced fibrosis;**
- **MT to support individuals pregnant after prior stillbirth;**
- **MT for veterans with chronic neck pain;**
- **Interoceptive awareness as supportive care for opioid-use disorder;**

[and much more—view session details here](#)

Don't miss a lively, moderated panel debate as experts explore where massage therapy "lives" within healthcare; public health, palliative care, and rehabilitation.

Haven't registered yet? Get your tickets now! Don't miss your opportunity to enrich your practice and network with peers & researchers while earning CEs! We hope you will join us as we shine a light on the future of massage therapy research!

International
Massage
Therapy
Research
Conference

**Debating Massage Therapy's Unifying Healthcare
Domain: Public Health, Rehabilitation, & Palliative Care**

Cal Cates, LMT
(Palliative Care)

Ann Blair Kennedy,
DrPH, LMT, BCTMB
(Public Health)

Niki Munk, PhD, LMT
(Rehabilitation)

[Register Today](#)

 *The American Massage Therapy Association is honored to be the Presenting Sponsor for IMTRC 2025*

Thank You to MTF Board Volunteers

2024-25 Massage Therapy Foundation Board of Trustees



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As we wrap up our fiscal year on February 28, we extend our deepest appreciation to MTF's 2024-2025 Board of Trustees.

Our Trustees' time, talent, and dedication have made a lasting impact on the massage therapy community.

Thank you for your service!

Research Perch: IMTRC 2025 with Ruth Werner

Tune in to *Research Perch* as MTF President, Adrienne Asta, speaks with author and educator Ruth Werner about IMTRC 2025.

Learn how attending can benefit you and your clients, explore speakers and topics, and find out how IMTRC impacts research in the field

[Watch Now](#)



Research Perch:
IMTRC 2025 with Ruth Werner
and Adrienne Asta

Massage is Heart-Healthy

EDU-TALK™ SERIES BY BIOTONE®



The Role of Massage Therapy in Supporting Heart Health

NOTED SPEAKER: Adrienne Asta

RECORDING NOW AVAILABLE

February is American Heart Month! Watch the recording of Biotone's free EDU-TALK as MTF president, Adrienne F. Asta, presents on the *Role of Massage Therapy in Supporting Heart Health*.

Explore the latest research on the heart-healthy benefits of massage therapy such as lowered blood pressure, stress relief, and improved heart rate variability.

[View it Here](#)

Last Chance—Make Your Impact

With one week left in MTF's Annual Giving Drive, we kindly ask for your donations to help reach our goal. We have about \$2,800 left to raise—[may we count on you?](#) If you are able to give, all amounts are appreciated — thank you for making an impact in your massage therapy community!



Support evidence-based research, fund education initiatives,
and bring therapeutic massage to those in need.
Every dollar makes a difference!

[Donate Today](#)

Grants and Contests

The following MTF grants and contests are now open, with application deadlines as follows:

- [Research Award \(over \\$30k\): March 1, 2025](#)
- [Community Service Grant: March 3, 2025](#)
- [Jacquelyn Project Breast Cancer Community Service Grant: March 3, 2025](#)
- [Practitioner & Student Case Report Contests: June 1, 2025](#)
- [Bob King Community Service for Schools: Next quarterly deadline March 1, 2025](#)

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Massage Therapy Foundation
500 Davis Street, Suite 950
Evanston, Illinois 60201
Phone :847.869.5019 Fax: 847.864.1178
www.massagetherapyfoundation.org