

March 2021



# Communicator

SCIENTIFIC RESEARCH • EDUCATIONAL RESOURCES • COMMUNITY SERVICE

## MTF Welcomes New President, Robin B. Anderson



The Massage Therapy Foundation (MTF) is proud to announce MTF's incoming President, Robin B. Anderson, MEd, LMT, BCTMB, CEAS.

Robin is a board-certified and licensed massage therapist, private practitioner, and NCBTMB-approved Continuing Education provider. She has a Master of Education degree and has published research on ergonomics teaching methods. Robin's unique connection to MTF began when she received a Bronze Award in the MTF Student Case Report Contest. She has spent many years serving on the MTF Board of Trustees and MTF Committees.

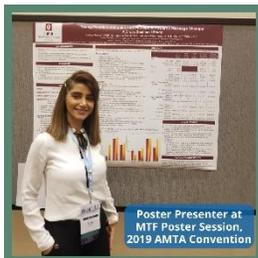
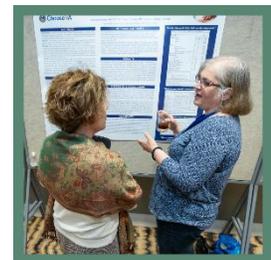
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## Share Your Project

The Massage Therapy Foundation Poster Session at AMTA National Convention is an excellent opportunity to showcase your research and connect with colleagues.

### Past MTF Posters

Our poster archive includes research posters from The Massage Therapy Foundation's annual Poster Session Contest and posters presented at MTF's triennial International Massage Therapy Research Conference (IMTRC). View PDF posters and other related supplemental materials.



### MTF Poster Session at 2019 AMTA National Convention

Each year's AMTA Poster Session Abstracts are published in the MTF-founded, open-access scientific journal, the *International Journal of Therapeutic Massage and Bodywork (IJTMB)*. This provides a permanent and easily-accessible record of our Poster Session content. Click the title above to view our most recent year (no 2020 Session due to COVID-19).

## 2021 Poster Session Application

Do you have a research project you would like to share with the profession? Massage Therapy Foundation poster sessions at AMTA National Convention are a great place to share your work! Submit your abstract for consideration today.



The 2021 Poster Session application deadline is April 16, 2021.

[Learn More About MTF Poster Session](#)

## Massage for Breast Cancer Pain



Have you checked out the newest issue of *IJTMB*? Vol 14 No 1 (2021) includes the publication of ***Pain Improvement After Healing Touch and Massage in Breast Cancer: an Observational Retrospective Study***. Learn more about how therapeutic massage can help breast cancer patients and explore a variety of other topics in our free journal.

*IJTMB* is open-access, peer-reviewed, and indexed in PubMed. It is the official journal of the Massage Therapy Foundation and our partner, the Registered Massage Therapists Association of British Columbia.

[Visit \*IJTMB\*](#)

## Welcome to MTF's Newest Trustees



Angela Barker,  
BCTMB, LMT



Lindsay Bodkin,  
BA, LMT, CPT



Kim Nimmo,  
LMT, NCBTMB



Portia Resnick,  
PhD, ATC, BCTMB

MTF is excited to welcome to the Board of Trustees Angela Barker, BCTMB, LMT, who will serve a one-year term, and Lindsay Bodkin, BA, LMT, CPT, Kim Nimmo, LMT, NCBTMB, and Portia B. Resnick, PhD, ATC, BCTMB, who will serve two-year terms, respectively.

MTF's new Trustees' diverse range of experiences and expertise will be assets to furthering the Foundation's mission of bringing scientific research, education, and community service to the massage therapy profession.

## Ongoing Research Survey

We encourage massage therapists to help build the body of research knowledge by being a part of Project COPE, an ongoing study chronicling the experiences of healthcare and wellness

providers during the COVID-19 pandemic. Help capture unique moments in history by sharing your experiences with study investigators.

Take the Project COPE Survey

### Grant and Contest Deadlines

- **2021 Poster Session application deadline is April 16, 2021**
- **2021 Community Service Grant deadline is May 3, 2021**
- **2021 Student Case Report Contest submission deadline is June 1, 2021**

Apply Now

### Donate to MTF: Make a Difference Today

As this pandemic has been a challenge for the entire industry, the MTF, too, has experienced a significant loss of funding sources due to cancelled fundraising events and sponsorships.

If you are able, we invite you to make micro donations using MTF's new Spare Change Program. Round up your everyday purchases and donate spare change via your credit card. Set a maximum amount to fit your budget—from as low as \$5 monthly. **Go to:** <https://app.cheerfulgiving.com/p/massage-therapy-foundation>.

If you are in a position to make a charitable gift, please donate. If you are a Foundation champion who is unable to give at this time, please share this [donation link](#) with your colleagues.



### Communicator Sponsorship Opportunities

Is your organization looking for a place to advertise while supporting massage therapy research, education, and community service initiatives? Consider sponsoring issues of the **Communicator**. One sponsorship is available per issue. Only 12 available per year!

[Learn more about this offer](#)



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[View previous issues on our Communicator Archives page](#)

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