

April 2022



MASSAGE THERAPY  
FOUNDATION

# Communicator

SCIENTIFIC RESEARCH • EDUCATIONAL RESOURCES • COMMUNITY SERVICE

## April 18, 2022 is Marathon Monday!

**2022  
Team MTF  
#RunningForResearch**

Nancy Anderson Dollinger  
Stacey Breslin  
Lauren Hirsch  
Sarah Lau-Melby

Support research into the benefits of massage, education for therapists, and community service projects that bring massage to the underserved

Our thanks to Team MTF Premier Sponsor: amta

Cheer on your #RunningForResearch athletes as they tackle the 126th Boston Marathon and raise funds for massage therapy research, education, and community service projects! Follow our runners' progress live on race day via the Boston Athletic Association app.

[Download the B.A.A. App](#)

Show the runners your encouragement by making a donation to MTF's Marathon fundraiser. **Big or small, every donation truly makes a huge difference!**

[Show Your Support! Donate to Team MTF](#)

## 2022 IMTRC Conference Registration Closes May 3

Are you planning to attend MTF's 2022 IMTRC Conference? Reserve your space before registration closes on May 3. IMTRC comes around only once every three years; don't get stuck waiting until 2025!

IMTRC offers you the opportunity to connect with your colleagues face to face and learn about how to apply the latest scientific findings to help clients in your practice. **Join us and be a part of an engaged community** of thought leaders, educators, therapists, and allied health practitioners to discuss massage therapy research.

[Register Now](#)

International  
Massage  
Therapy  
Research  
Conference

May 12-13, 2022 | Alexandria, Virginia

Thank You to Our Volunteers!



MTF is propelled by amazing and caring volunteers; our Board of Trustees, committee members, and other volunteer support teams are what make the Massage Therapy Foundation truly special!

This Volunteer Appreciation Week (April 18-24, 2022) – and, actually all year long – we offer our sincere gratitude to those who contribute their time, talent, and resources to make a difference for the profession through MTF. **Your unique gifts make a world of difference!**

[Learn More About Our Volunteers—  
and How You Can Volunteer Too!](#)

## Runner Spotlight: Sarah Lau-Melby

Meet the 2022 Team MTF Boston Marathon runners!

**Sarah Lau-Melby** is a massage therapist, runner, and fitness studio owner/instructor from Holmen, WI. She looks forward to channeling her love of massage and running to meet her personal and MTF fundraising goals on Marathon Monday!

Read on to learn more about what inspired Sarah to run Boston, and check out the rest of the team in previous *Communicator* issues.



[Read Sarah's Blog](#)

## Show Off Your Support!



**Spark conversation and support your Foundation with MTF swag!** When you need new aprons, towels—or just about anything—for your business or home, don't forget to check out MTF's Zazzle store, where you can add MTF designs to any of hundreds of customizable items today.

[Visit Our Zazzle Store](#)

*"I'm happy that in some small way I'm contributing to MT research funding, and literacy. The aprons are very good quality, keep lubricants off my scrubs, and provide an extra barrier between patient and practitioner. A great utility for any MT practice!"*

—Don Dillon, RMT

## Grant and Contest Deadlines

- **Student Case Report Contest submission deadline June 1, 2022**

[Apply Today](#)

**Your Gift Helps Heal and Inspire**

Your gift makes  
a difference

Thank You!



Your donation allows the **Massage Therapy Foundation** to build on more than **30 years of service** and continue to provide valuable research grants and conferences, **FREE** educational webinars, study materials, and a peer-reviewed journal **to give you and your colleagues the edge you need to make a difference in the lives of others.**

[Donate Now](#)

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## Communicator Sponsorship Opportunities

Is your organization looking for a place to advertise while supporting massage therapy research, education, and community service initiatives? Consider sponsoring issues of the **Communicator**. One sponsorship is available per issue. Only 12 available per year!

[Learn more about this offer](#)



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[View previous issues on our Communicator Archives page](#)

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