

April 2023



Communicator

SCIENTIFIC RESEARCH • EDUCATIONAL RESOURCES • COMMUNITY SERVICE



April is National Volunteer Month!

MTF is so lucky to have a truly outstanding group of volunteers working hard for our organization. We greatly appreciate the time and effort our volunteers put into helping fulfill MTF's mission. We couldn't do it without you!

[Meet Our Volunteers](#)



(Left to right: David Gonzalez, Dennis Jones, Theresa Seitz, Rulon Dahneke, Marshall Dahneke)

Congratulations to our 2023 Team MTF runners!

Donate through May 12



Donate to Team MTF!

Scan the code or visit www.givengain.com/cc/mtf2023/

[Click here to learn more](#)

Congratulations to MTF's Boston Marathon Athletes!

Our congratulations and thanks go to our 2023 Team MTF runners; David Gonzalez, Dennis Jones, Theresa Seitz, Rulon Dahneke, and Marshall Dahneke on their completion of the world-famous, 26.2-mile Boston Marathon® course on April 17, 2023!

The Massage Therapy Foundation and all five team members would like to extend deep gratitude to each and every person and sponsor who offered support and donations to our team. If you haven't had a chance there is still time—**Donate through May 12!**

[Make a Donation Today](#)

Research Perch: MABT for Opioid Use Disorder Study

Research Perch



Mindful Awareness in Body-oriented Therapy (MABT) combines manual, mindfulness, and psycho-educational approaches to teach interoceptive awareness and related self-care skills.

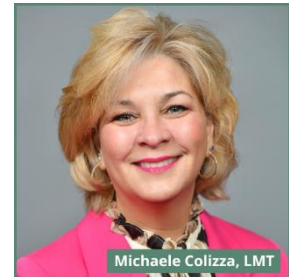
Learn more about MABT and an National Institutes of Health-funded study looking at how it can be used to combat the opioid epidemic, as MTF President Adrienne Asta interviews researcher Dr. Cynthia Price and Megan Sherman, one of the LMT research interventionists on the project.

[Check out the podcast here](#)

Welcome to Our New Trustees!

The Foundation is excited to welcome two new Board of Trustees members to our team as of March 1, 2023:

Michaele Colizza is the current National Past-President of the American Massage Therapy Association (AMTA). She has been a practicing massage therapist since 2001. Her passion for helping others led to her to receive both the AMTA Rhode Island Chapter Meritorious Award and AMTA National Humanitarian Award.



Teri Mayo has owned rehabilitative practices, including a medical massage clinic, for 29 years as a massage therapist. After a shift to health-care administration, Teri was then happy to join Pushing Boundaries paralysis exercise therapy center in 2019 as its Executive Director. She also maintains a small private massage practice.



[Learn More About Our BOT Volunteers](#)

Visit Our Sister Sites



MassageNet Practice-Based Research Network is THE place for MTs to take part in clinician surveys and hands-on research. Take the entry survey and get matched up with researchers—your input makes an impact!

With multiple studies ongoing and starting soon (including Phase II of MTF's Ergonomic Project), research highlights, upcoming journal club, and more, you won't want to miss out!

[Visit www.MassageNet.org](http://www.MassageNet.org)



The International Journal of Therapeutic Massage & Bodywork (IJTMB) is a great place for you to access free full-text, peer-reviewed, scientific research.

Check out "[Perpetuating Victimization with Efforts to Reduce Human Trafficking: A Call to Action for Massage Therapist Protection](#)" and other thought-provoking reads in our latest issue.

[Visit www.ijtmb.org](http://www.ijtmb.org)

Boston 2023: David Gonzalez

An MT for 25 years and Director of the MT Program at Miami Dade College, **Team MTF runner David Gonzalez** went the distance (26.2 miles!) on Marathon Monday to support MTF massage therapy research, education, and community service!

Read on to learn more about what inspired David to run Boston to fundraise for MTF; and learn more about the rest of the team in previous and upcoming *Communicator* issues.



[Support David's Boston Fundraiser](#)

Donate to David's charity run by scanning the QR code or visiting:

www.givengain.com/ap/david-gonzalez-raising-funds-for-massage-therapy-foundation/



Take Time to Decompress: The Jacquelyn Project Blog



When Marshall Dahneke's then 26-year old daughter was diagnosed with cancer, he joined her in making sweeping lifestyle changes, deepening his awareness of clean living as a personal investment opportunity. Learn more about his journey as he ran the 2023 Boston Marathon in memory and honor of his late daughter, Jacquelyn, while raising funds for MTF.

[Read this month's Jacquelyn Project Blog](#)

Grants and Contests Open Now

The following MTF grants and contests share a submission deadline of June 1, 2023:

- [Community Service Grant](#)
- [Breast Cancer Community Service Grant](#)
- [Bob King Legacy Grant: Community Service for Schools](#)
- [Student & Practitioner Case Report Contests](#)
- [Abstract Submission for MTF Poster Session](#)

Present a Research Poster at AMTA Convention: Abstract Submission Open



Apply through June 1!

Special Call: Breast Cancer-Related Community Service Grants



Apply through June 1!

Bob King Legacy Grant: Helping Schools Serve Communities in Need



Apply through June 1!

You Make it Possible!



Scan to easily donate or use  Pay or  Pay

It's easy to show your support; make a gift, and/or spread the word to your friends, family, and colleagues!

Feel good about supporting vulnerable communities in desperate need of massage, furthering research, and helping to educate therapists.

Please show your support for our programs!

[Click Here—Make Your Positive Impact](#)



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[View previous issues on our Communicator Archives page](#)

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