

April 2024



Communicator

SCIENTIFIC RESEARCH • EDUCATIONAL RESOURCES • COMMUNITY SERVICE

SAVE THE DATE

International
Massage
Therapy
Research
Conference

April 27-29, 2025 Alexandria, Virginia

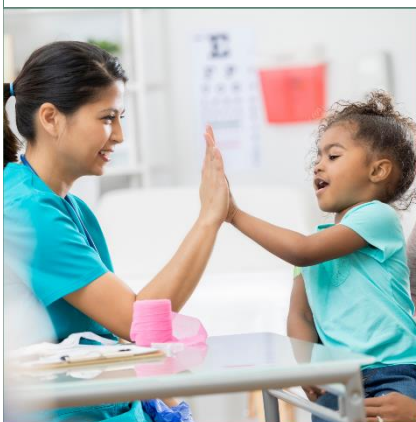
Get Ready for IMTRC 2025!

Mark your calendar for MTF's **International Massage Therapy Research Conference, April 27-29, 2025 in Alexandria, Virginia.** Occurring every three years, IMTRC brings together therapists, researchers, and allied health professionals to communicate about the latest research in the field of massage therapy.

Look for more information about IMTRC in your upcoming *Communicator* newsletters. **We look forward to seeing you there!**

*Special thanks to IMTRC 2025 Presenting Sponsor,
American Massage Therapy Association (AMTA).*

2024 MTF Research Award: Children's Hospital of Philadelphia



MTF is proud to announce the award of a **\$300,000 Research Grant to the Children's Hospital of Philadelphia, PA, for their three-year study, "Massage Impact on Sleep in Hospitalization for Pediatric Oncology and Stem Cell Transplant Patients."**

Pediatric patients undergoing chemotherapy or stem cell transplants experience anxiety, pain, disturbed sleep, & fatigue, impacting quality of life and treatment outcomes. **Through routine massage therapy, the research team intends to demonstrate improvements in both the duration & quality of sleep for these patients.**

Funding for this research project was provided through the Massage Therapy Foundation with the generous support of the American Massage Therapy Association (AMTA).

[Read the Press Release](#)

Upcoming Free CE Webinar: Massage & Pain

Discover how advancements in pain research can enhance your understanding and improve your practice for the benefit of your clients!

Join as MTF President Adrienne F. Asta, BA, LMT, engages in conversation with educators Whitney Lowe, LMT (Academy of Clinical Massage) and Douglas Nelson, LMT, BCTMB (Precision Neuromuscular Therapy Seminars).

Earn 1 free CE by taking the quiz at the end of the presentation.

[Register Now](#)



FREE CE RESEARCH WEBINAR

Massage and Pain

May 23, 2024 @1:00 PM CST



Adrienne F. Asta
BA, LMT



Whitney Lowe
LMT



Doug Nelson
LMT, BCTMB

[Register Now](#)

Raise the Roof at Bust-a-Move Dance & Karaoke Party



Shimmy, shake, and sway your way to MTF's **DANCE PARTY and KARAOKE Fundraiser, September 13, 2024, at Tampa Convention Center, from 7:00 to 9:30 (EST)**. Celebrate MTF donors and support the Foundation while enjoying social time with colleagues and friends.

This **LIVE DJ EVENT** supports MTF's research, education, and community service programs. Shake a leg and get your tickets today, or bounce over to MTF's registration table (on-site at AMTA Convention) on Wed. Sept. 11. **Tickets sell quickly; with limited tickets available at the door.**

[Get Your Tickets!](#)

Thank You to Our Volunteers

April is National Volunteer Month and National Volunteer Week is April 21-27. **MTF is honored to have a truly outstanding group of volunteers working hard for our organization...and for you!**

We greatly appreciate the time and effort our volunteers put into helping fulfill MTF's mission. **Our work would not be possible without the dedication, talent, and heartfelt enthusiasm of those who step up to be a part of the MTF team.**

[Learn More About MTF Volunteers](#)



Grants and Contests Open Now

The following MTF grants and contests are now open, with application deadlines as follows:

- [2024 Poster Session Abstract Submission: May 31, 2024](#)
- [2024 Student & Practitioner Case Report Contests: June 1, 2024](#)
- [Bob King Community Service for Schools: Next quarterly deadline June 1, 2024](#)

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