

May 2021



Communicator

SCIENTIFIC RESEARCH • EDUCATIONAL RESOURCES • COMMUNITY SERVICE



APPLY NOW:
2021 Student Case Report Contest
Submissions due June 1, 2021

New Research Perch: Ergonomics Explained

Research Perch



MASSAGE THERAPY
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Join MTF President Robin Anderson and Stefan Shulz from Briotix as they discuss the fundamentals of ergonomics, and how ergonomic principles were studied in MTs over the course of Phase One of the MTF Ergonomics Project.

[Listen Now](#)

Want to learn more? Click here to visit the MTF Ergonomics Project page:
[All About the MTF Ergonomics Project](#)

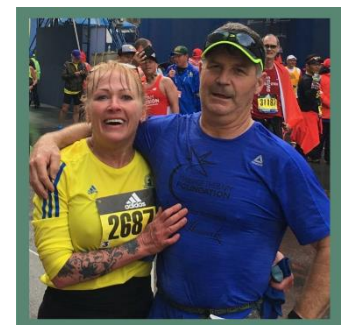
2021 Team MTF—Running for Research

The Foundation is honored and excited to once again participate in the Boston Marathon® as part of the John Hancock Non-Profit Marathon Program.

MTF is now seeking a fourth runner to complete our 2021 team! Could it be you?

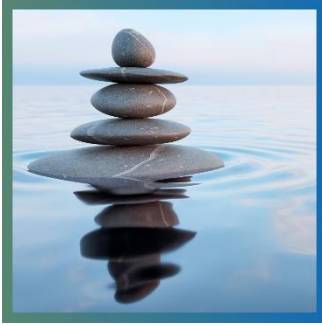
Apply to run in the 125th Boston Marathon® on October 11, 2021 and help MTF raise funds for scientific research, education initiatives, and community service for the massage therapy profession.

Apply By June 11, 2021



2019 Team MTF runners Kim Nimmo and John Cassinerio celebrate at the finish line.

International Journal of Therapeutic Massage and Bodywork



Have you checked out the newest issue of *IJTMB*? Vol 14 No 1(2021) includes the publication of *Structural Integration Case Report: a Global Intervention Challenging the Limitations of Local Rehabilitation*. Learn more about how MT can be used as a whole-body intervention for rehabilitation post-injury.

IJTMB is open-access, peer-reviewed, and indexed in PubMed. It is the official journal of the Massage Therapy Foundation and our partner, the Registered Massage Therapists' Association of British Columbia.

Visit [IJTMB](#)

Ongoing Research Survey

We encourage massage therapists to help build the body of research knowledge by being a part of Project COPE, an ongoing study chronicling the experiences of healthcare and wellness providers during the COVID-19 pandemic. Help capture unique moments in history by sharing your experiences with study investigators.

Take the Project COPE Survey

Grant and Contest Deadlines

- **Student Case Report Contest Open: 2021 Submissions due June 1, 2021**
- **Research Award Round 2 Pre-Proposal (LOI) Submission due September 10, 2021**

Apply Now

Many Ways to Make A Difference

As this pandemic has been a challenge for the entire industry, the MTF, too, has experienced a significant loss of funding sources due to cancelled fundraising events and sponsorships.

If you are in a position to make a charitable gift, please donate. If you are a Foundation champion who is unable to give at this time, please share this [donation link](#) with your colleagues.



[Make a direct donation](#)

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[Make a difference today and tomorrow](#)

[Donate a vehicle to support MTF](#)

Communicator Sponsorship Opportunities

Is your organization looking for a place to advertise while supporting massage therapy research, education, and community service initiatives? Consider sponsoring issues of the *Communicator*. One sponsorship is available per issue. Only 12 available per year!

[Learn more about this offer](#)



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