

May 2024



Communicator

SCIENTIFIC RESEARCH • EDUCATIONAL RESOURCES • COMMUNITY SERVICE



FREE CE RESEARCH WEBINAR

Massage and Pain

May 23, 2024 @1:00 PM CST

[Register Now](#)



Adrienne F. Asta
BA, LMT



Whitney Lowe
LMT



Doug Nelson
LMT, BCTMB

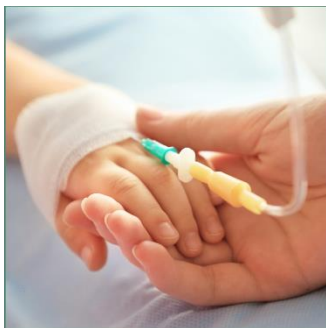
Free CE Webinar: Massage & Pain

Discover how advancements in pain research can enhance your understanding and improve your practice for the benefit of your clients!

Join as MTF President Adrienne F. Asta, BA, LMT, engages in conversation with educators Whitney Lowe, LMT (Academy of Clinical Massage) and Douglas Nelson, LMT, BCTMB (Precision Neuromuscular Therapy Seminars). **Earn 1 free CE by taking the quiz at the end.**

[Register Now](#)

Grantee Video: Mary Bridge Children's Hospital



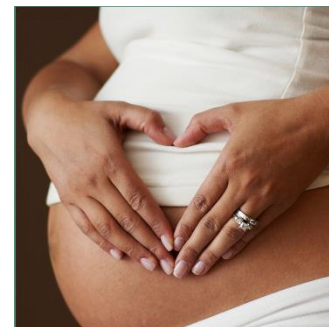
In 2023, MTF awarded a \$5,000 Community Service Grant to Mary Bridge Children's Hospital, Tacoma, Wash., for their project, *Pediatric Complex Care Integrative Therapies*.

Watch the new video from Mary Bridge, detailing how their hospital-based therapeutic massage program has greatly benefited children and families as they cope with complex or terminal illnesses.

[Watch the Video](#)

Research Grant Update: Study Protocol Published

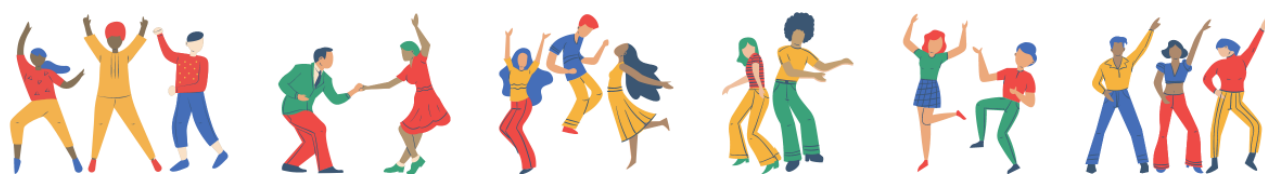
Women experiencing pregnancy after stillbirth suffer from high levels of anxiety, fear, and depression. **Standard antenatal care may not adequately address their emotional needs during this period; and there is insufficient evidence on effective interventions or care strategies for these women.**



In 2022, MTF awarded a \$30,000 Research Support Grant to Western Sydney University for a feasibility study investigating massage for pregnant women who have experienced a stillbirth.

This paper outlines the research protocol for the *Helping support individuals Pregnant after Experiencing a Stillbirth (HOPES)* feasibility trial evaluating massage as an adjunct approach to care for pregnant women who have experienced a prior stillbirth.

[Read More](#)



Bust-a-Move Dance & Karaoke Party

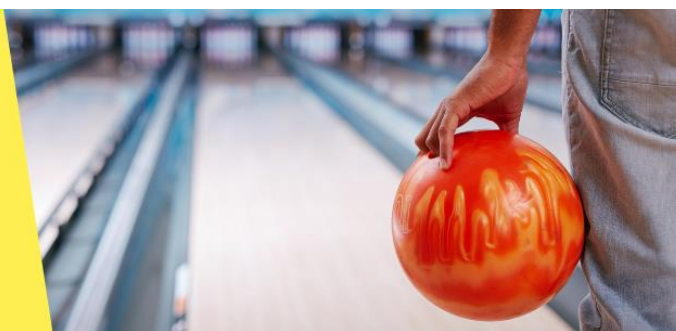
Headed to AMTA Convention? Round up your friends and sing your heart out at MTF's DANCE PARTY and KARAOKE Fundraiser, September 13, 2024, Tampa Convention Center, 7:00 to 9:30 (EST).

This LIVE DJ EVENT supports MTF's research, education, and community service programs. Shake a leg and get your tickets today, or bounce over to MTF's registration table (on-site at the AMTA Convention) on Wednesday, September 11. Tickets sell quickly; with limited tickets available at the door.

[Get Your Tickets!](#)

Rolling Out Soon...

**Check Next Month's
Communicator for Details!**



Grants and Contests

The following MTF grants and contests are now open, with application deadlines as follows:

- [2024 Student & Practitioner Case Report Contests: June 1, 2024](#)
- [2024 Poster Session Abstract Submission: EXTENDED to July 1, 2024](#)
- [Bob King Community Service for Schools: Next quarterly deadline June 1, 2024](#)

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