



IMTRC 2025 Recap

Thank you to all of our attendees, speakers, sponsors, exhibitors and volunteers for joining us in making the 2025 International Massage Therapy Research Conference a success!

The content, collaborations, and ideas generated will reverberate within our profession and allied fields for decades to come, enhancing client care, scope of research, and opportunities for massage therapists in medical settings. **We are very excited to see what the future holds as the cutting-edge research shared at IMTRC helps attendees put the latest knowledge into practice!**



Keynote speaker Dr. Tracy Gaudet kicked off the conference with an inspiring call to transform healthcare using an integrative, Whole Person model.



Attendees had the opportunity to browse **IMTRC Poster Session** and chat with poster presenters. [Photo: Deborah Zerkle, LMT, CA. [See video abstract for this poster here](#)].



A panel composed of recipients of large (\$100k+) **AMTA-funded MTF Research Grants** addressed attendees on day two of IMTRC. [Read about AMTA's commitment to fund \\$2.5 million in research over the next five years.](#)



Dr. Cynthia Price (left) and Dr. Kathryn Hansen discussed how **Mindful Awareness in Body-Oriented Therapy (MABT)** can help clients with a range of conditions.



Attendees enjoyed the opportunity to network, collaborate, and have fun being together!

[View More IMTRC Photos](#)

amta The American Massage Therapy Association is honored to be the Presenting Sponsor for IMTRC 2025

Adrienne F. Asta Receives Distinguished Service Award



Adrienne F. Asta, BA, LMT

Congratulations to Adrienne F. Asta, recipient of the 2025 John Balleto Distinguished Service Award—presented by Balleto himself!

The award recognizes those who have provided outstanding service to the profession via MTF volunteer work—criteria Asta has exceeded with her many years of dedicated and farsighted work.

Starting as an MTF Community Service Committee volunteer in 2007, Adrienne joined the Board of Trustees in 2017, and served as Board President from 2022-2025.

[Read the Press Release](#)

MTF Executive Director Featured in MTJ

“Research is key in helping massage therapists learn what works and, of equal importance, what doesn’t.”

Check out American Massage Therapy Association's *Massage Therapy Journal* (MTJ) interview with MTF Executive Director, Teri Mayo, to learn more about the future of the massage profession and the role of research and organizations like MTF.

[Read the Interview](#)



Teri Mayo, BA, LMT

Grants and Contests

The following MTF grants and contests are now open, with application deadlines as follows:

- [Practitioner & Student Case Report Contests: June 1, 2025](#)

- [Bob King Community Service for Schools: Next quarterly deadline June 1, 2025](#)

Time is almost up!

MTF Case Report Contest Deadline is June 1st

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