

May 2026



Communicator

New CE Course Available



Grow your knowledge and earn 1 CE! Hear from three leading massage therapy practice and research experts; **Cal Cates, Dr. Ann Blair Kennedy, and Dr. Niki Munk**, as they examine how massage therapy aligns with public health, rehabilitation, and palliative care. Learn more about what each perspective offers to support continued integration into healthcare. This session was originally presented at MTF's 2025 International Massage Therapy Research Conference.

[PURCHASE THE COURSE](#)

MessageNet Updates



Learn more about the launch of MessageNet's sixth external study, entitled **Sexual Harassment and Sexual Assault of Massage Therapists by Clients in the United States**.

Building on a growing body of foundational work in this area, this project is designed to better understand the scope, characteristics, and impacts of patient-perpetrated sexual harassment and assault experienced by massage therapists in the United States.

[READ MORE](#)

Thank You Spring Match Donors!



Our deep thanks go to all who donated to MTF's Spring Match Fundraiser! Your gifts make a difference, funding vital research, increasing research literacy, and providing massage therapy to those in need.

A very special thanks to MassageBook for their \$2500 matching contribution to this campaign. **We are grateful for your support!**

[SEE DONOR ROLL](#)

Check Out *IJTMB*



Have you read the latest issue of the *International Journal of Therapeutic Massage & Bodywork*?

In this edition, read ***Emotional and Environmental Safety and Side Effects from Massage for Women Pregnant After a Stillbirth or Termination for Medical Reasons After 20 Weeks' Gestation***, to learn more about the role massage can play in creating positive outcomes for this population.

Individuals who have experienced stillbirth face increased risks of adverse pregnancy outcomes in subsequent pregnancies, as well as higher rates of PTSD, depression, and anxiety. This trial evaluated the use of Swedish massage as an adjunct approach to care, with the goal of assessing its feasibility and potential to improve emotional well-being.

[Read More](#)

Sign up to receive *IJTMB* updates, including notifications when new issues are released, at www.ijtmb.org. *IJTMB* is free, peer-reviewed, and PubMed Central indexed. It is the official journal of the Massage Therapy Foundation and the Registered Massage Therapists Association of British Columbia (RMTBC).



www.IJTMB.org

International Journal of
Therapeutic Massage & Bodywork

Call for Papers
IJTMB Special Issue on
Pain Management & Pain Science



Awards and Contests

The following MTF awards and contests are open for applications:

- **Case Report Contest:** Submit year-round—next deadline June 1, 2026

SUBMIT YOUR CASE REPORT



PAST ISSUES: COMMUNICATOR ARCHIVE

Massage Therapy Foundation
500 Davis Street, Suite 950
Evanston, Illinois 60201
Phone: 847.869.5019 Fax: 847.864.1178
www.massagetherapyfoundation.org