

May 2022

# MASSAGE THERAPY FOUNDATION Communicator

SCIENTIFIC RESEARCH • EDUCATIONAL RESOURCES • COMMUNITY SERVICE

## Wrapping Up IMTRC 2022



MTF was pleased to host the sixth triennial International Massage Therapy Research Conference this May, bringing together therapists, researchers, and allied health practitioners to network, learn, and engage with research.

Visit MTF's IMTRC page to listen as MTF Trustee Doug Nelson gives thanks to all those who made MTF's 2022 IMTRC conference a success and encourages practitioners to participate directly in research through this and other MTF initiatives:

(Dr. Peter Murray gives his keynote address at IMTRC 2022)

[View the Wrap Up Video](#)

## MTF Welcomes New President, Adrienne Asta

Presidential shift in progress! Congratulations to Adrienne Asta, BA, LMT, who has been unanimously elected by MTF's Board to serve as MTF President effective June 1st.

Adrienne will finish out the remainder of Robin Anderson's two-year term as she steps down for personal reasons. Learn more in the press release:

[Read More](#)



## Get Your Cheer On!

Don't miss this in-person PEP RALLY—a tailgating-themed event centered around support for your favorite Foundation ... MTF!

Enjoy sampling food from our Tasty Tailgate appetizers, beer and wine. Enjoy music, and many more fun activities. No MTF event would be complete without a costume challenge; so wear costumes, colors, face paint, and bring cheer gear to support any team or Chapter of your choosing.

All funds raised will support MTF's research, education, and community service initiatives; come learn more about the work we do and the people who support us.

[Watch the Video Invite and Join the Party!](#)

## Integrative Healers Action Network Community Service Grant



Join us for Research Perch, as MTF Vice President and Community Service Grant Proposal Review Committee Chair, Adrienne Asta, BA, LMT, speaks with Jenny Harrow-Keeler, MA, of the California-based Integrative Healers Action Network (IHAN), about their work providing integrative health services during wildfire events and other crises.

IHAN is the recipient of a 2021 MTF Community Service Grant for their project entitled, "Community Clinics for Disaster-Impacted Communities."

[Check Out Research Perch](#)

A collage featuring the Massage Therapy Foundation logo at the top left, followed by three photographs of runners at a marathon finish line. The first photo shows two women, Nancy Anderson Dollinger and Stacey Breslin, smiling. The second photo shows Sarah Lau-Melby and Lauren Hirsch. The third photo shows Lauren Hirsch cheering with her fist raised.

Above—(left to right) Nancy Anderson Dollinger, Stacey Breslin, Sarah Lau-Melby, and Lauren Hirsch

## Thank You to Our 2022 Marathon Donors!

The Massage Therapy Foundation and all four Team MTF #RunningForResearch 2022 team members would like to extend deep gratitude to each and every person who offered support and donations to our team.

Through your generosity, Team MTF was able to raise over \$50k to support MTF initiatives: research grants, educational materials, and community service initiatives to help therapists thrive. We thank you for your support!

## Grant and Contest Deadlines

- Student Case Report Contest submission deadline June 1, 2022

[Apply Today](#)

## Your Gift Helps Heal and Inspire

*Your gift makes  
a difference*

*Thank You!*



Your donation allows the Massage Therapy Foundation to build on more than 30 years of service and continue to provide valuable research grants and conferences, FREE educational webinars, study materials, and a peer-reviewed journal to give you and your colleagues the edge you need to make a difference in the lives of others.

[Donate Now](#)

## Communicator Sponsorship Opportunities

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