

June 2023

MASSAGE THERAPY FOUNDATION Communicator

SCIENTIFIC RESEARCH • EDUCATIONAL RESOURCES • COMMUNITY SERVICE



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MTF Game Night Fundraiser Party

Join Massage Therapy Foundation friends and fans for a GAME NIGHT fundraiser on Friday, August 25, from 7:00-9:30PM EST at AMTA Convention in Phoenix.

Food, drinks, games, and challenges, team events, giant Jenga, corn hole, and more!

Celebrate MTF donors and support the Foundation while enjoying social time with colleagues and friends.

Get Your Tickets



New in IJMB

A new issue of IJMB has been released!

Read an editorial on **incentivizing peer review**, research articles about MT for **fibromyalgia**, **carpal tunnel**, and **myofascial neck pain**, and a response piece on the previous issue's commentary on **human trafficking/sexual harassment regulations**.

Read IJMB Vol. 16 No. 2

International Journal of Therapeutic Massage & Bodywork

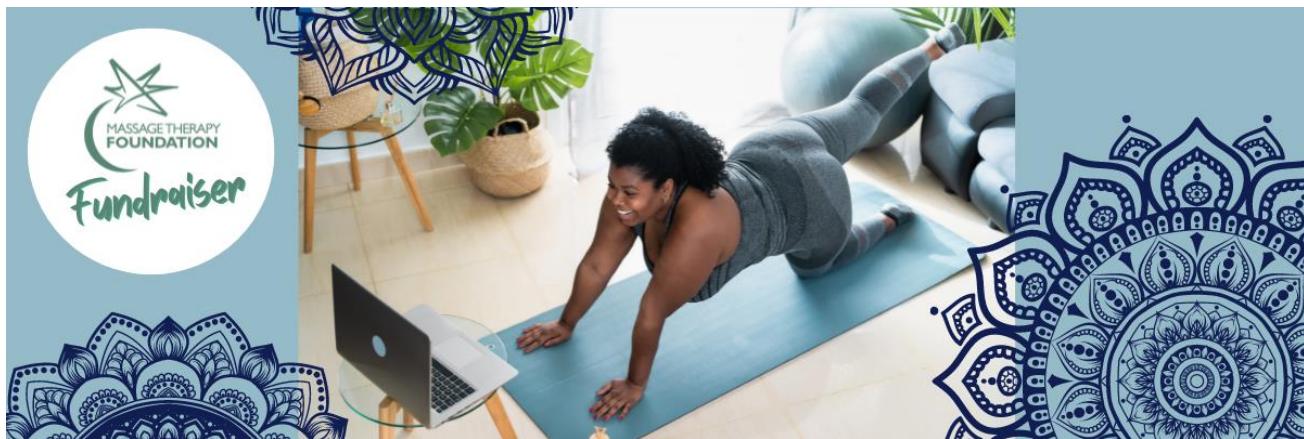
RESEARCH EDUCATION PRACTICE

Official Journal of

RMTBC

Check out the new issue at www.IJMB.org!

IJTM&B is open-access, peer-reviewed, and indexed in PubMed. It is the official journal of the Massage Therapy Foundation and our journal partner, the Registered Massage Therapists' Association of British Columbia.



Join Us for Gentle Yoga!

Join us July 14 from 11am-12pm CST to relax and recharge in a nurturing online yoga and meditation class with yoga instructor and past MTF Board member, Kim Nimmo, while at the same time lending support to the Massage Therapy Foundation.

Don't miss a soothing yoga practice focused on calming the body and mind through gentle stretching, yoga poses, guided breathing techniques, and guided meditation.

[Register Now](#)

What Rolls Better Than a Ball? The Jacquelyn Project Blog



New blog from The Jacquelyn Project! A wide range of post-training recovery and healing interventions are available to assist athletes mitigate overtraining and stress-related injuries.

Learn what helped Marshall train for the Boston Marathon as he raised over \$100k for MTF breast cancer-related community service, research, and education projects in memory and honor of his late daughter.

[Check Out The Jacquelyn Project Blog](#)

(L) Rulon and Marshall Dahneke.

Grants and Contests

The following MTF grants and contests are now open. Other grants open late fall 2023.

- [Bob King Legacy Grant/Community Service for Schools: Next quarterly deadline September 1, 2023](#)

[Visit Our Sites](#)



www.MassageNet.org



www.MassageTherapyFoundation.org

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