

June 2024



# Communicator

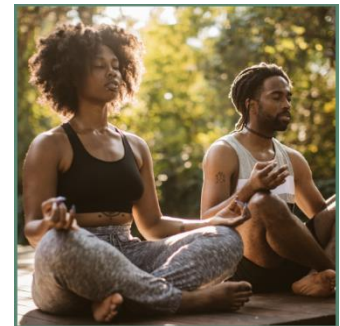
SCIENTIFIC RESEARCH • EDUCATIONAL RESOURCES • COMMUNITY SERVICE

## You're Invited: Gentle Yoga with Kim Nimmo

**Make plans for self-care—join us for Gentle Yoga with Kim Nimmo, July 23 @ 5:00pm CST!** Relax and recharge in this hour-long, gentle and nurturing online yoga and meditation class with yoga instructor and past MTF Board member, Kim Nimmo, while at the same time lending support to the Foundation.

Recharge with a session of gentle stretching, yoga poses, guided breathing, and meditation. **\$10 donation to register.**

[Sign Up Now](#)



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## Grantee Update: Embedding MT for Breast Cancer Patients



**Learn more about efforts to provide onsite massage therapy services to breast cancer patients where they receive radiation treatment at Levine Cancer Center in Charlotte, NC.**

This MTF Community Service grant was funded through the Jacquelyn Project (TJP) special fundraising initiative. TJP brings massage to those impacted by cancer in honor of Jacquelyn (Dahneke) Penrose's life and legacy via funds raised by her father, Marshall Dahneke.

[Watch the Video Update](#)

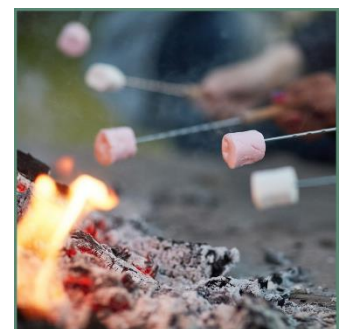
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## Fireside Chat: Boost Your Financial Impact

**Don't miss MTF Fireside Chat!** On Wednesday, July 24, from 7:00-8:00PM CST join us as we welcome guest speaker, Mel Blumenthal, Bloom Wealth Alliance, for an interactive discussion on charitable giving strategies. **Only \$5 to register.**

**Bring your questions and come to discuss how to leverage your assets to maximize your charitable impact.**

[Register for Link](#)



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## Research Perch: Case Series Guidelines Part 1 & 2

## Research Perch



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Listen in as MTF Trustee & Research Committee Chair, Niki Munk, PhD, LMT, and Robin Miccio, MS, LMT, Integrative Health Program Manager at Children's Hospital of Philadelphia, Penn., speak with Dr. Michael Fleischmann, Victoria University, Melbourne, AU, about his recent paper, “A Clinician's Guide to Performing a Case Series Study,” and how such guidelines can impact the future of integrative care and working with allied health professionals.

Part One discusses case series and case studies—the vital base of the research pyramid—and differences between prospective and retrospective approaches. Part Two delves deeper into informed consent in retrospective studies and the role case series and case studies play in the body of research knowledge.

[Check it Out](#)

## Dance (& Sing) the Night Away!

Headed to AMTA Convention? Don't miss MTF's DANCE PARTY and KARAOKE Fundraiser, September 13, 2024, at Tampa Convention Center, from 7:00 to 9:30pm (EST).

This LIVE DJ EVENT supports MTF's research, education, and community service programs. Shake a leg and get your tickets today, or visit MTF's registration table (on-site at AMTA Convention) on Wed. Sept. 11. **Tickets sell quickly; limited tickets available at the door.**



[Get Your Tickets!](#)



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**Donate today to help ensure this important work continues!**



## Grants and Contests

The following MTF grants and contests are now open, with application deadlines as follows

- [2024 Poster Session Abstract Submission: July 1, 2024](#)
- [Bob King Community Service for Schools: Next quarterly deadline September 1, 2024](#)

[Visit Our Sites](#)



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