

July 2020

MASSAGE THERAPY
FOUNDATION

Communicator

SCIENTIFIC RESEARCH • EDUCATIONAL RESOURCES • COMMUNITY SERVICE



Celebrating 30 Years of MTF!

On August 3, 2020, the Massage Therapy Foundation will celebrate 30 years of research, education, and community service!

We would not have been able to grow and be successful if it was not for massage therapists like you who have utilized our resources, donated to our efforts, and created dynamic research and community service projects funded by MTF. **Thank you for being a part of helping to advance the profession we love!**

[Read More](#)

New Blog: Massage for Cancer Center Staff 2019 Community Service Grant

Learn more about MTF's 2019 Community Service Grant award to the University of Maryland Baltimore Foundation Inc., for its project, ***Seated Massages to Decrease Burnout and Compassion Fatigue in Cancer Center Staff.***

This grant will provide up to 288 seated massage sessions to nurses and other staff members at the University of Maryland Greenebaum Cancer Center. **A pilot study conducted in 2010 found that offering 10-minute seated massages to nurses during working shifts significantly reduced stress-related symptoms and anxiety.** Data will be collected over the course of this project which may also contribute to future research.



[Learn More](#)

AACIPM: Perspective from Doug Nelson and AMTA on Collaboration to Advance CIPM



MTF President Doug Nelson was recently a panelist at the Alliance to Advance Comprehensive Integrative Pain Management (AACIPM) virtual symposium May 13-14, 2020.

Learn more about AACIPM's mission and hear Doug discuss the important role that massage therapy can play in integrative pain management.

[Listen Now](#)

Get Involved in Research

Case reports play an important role in scientific and professional literature. Writing a case report helps develop communication skills and critical thinking skills as well as contributing to future research and clinical practice.

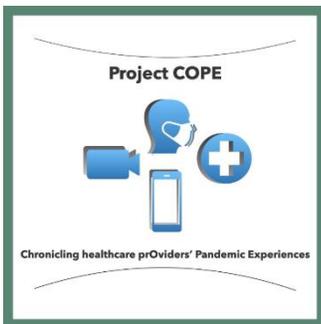
Visit our website for everything you need to get started, including a free 5-part webinar series on how to write a case report and other useful resources.

[Resources for Writing a Case Report](#)



MTF's annual *Student Case Report Contest* accepts case report submissions from current students. [Click here to learn more about this opportunity.](#)

Project COPE: Share Your Story



Project COPE is still accepting your survey responses!

Project COPE is an ongoing study chronicling the experiences of healthcare and wellness providers during the COVID-19 pandemic. We encourage you to be a part of capturing a unique moment in history by sharing your experiences with study investigators.

[Take the Project COPE Survey](#)

Grant and Contest Deadlines

- **Student Case Report Contest Deadline: Now Accepting Submissions for 2021 Cycle**
- **Research Award Pre-proposal Application Deadline Extended to September 1, 2020**

[Apply Now](#)

Your Support Counts



In these turbulent times your support means more than ever before. Help ensure that you and your colleagues continue to have access to the research you need to thrive and deliver quality care.

It's easy – [just click here to make your gift online today.](#) We deeply appreciate your commitment to further the practice of massage therapy.

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