

July 2024



Communicator

SCIENTIFIC RESEARCH • EDUCATIONAL RESOURCES • COMMUNITY SERVICE

Grantee Video: Kneads to Manage Chronic Disease



Learn more about Massage Therapy Foundation's 2023 Community Service Grant, "Kneads to Manage Chronic Disease," Rappahannock Area YMCA, Fredericksburg, Virginia.

Kneads provides massage therapy for at-risk participants in the Rappahannock Area YMCA Blood Pressure Self-Management program, which is designed to help adults better manage high blood pressure.

[Watch the Video Update](#)

Watch Now: Tax Benefits with Your Charitable Giving

Learn about strategic charitable giving so you may gain significant tax benefits!

Check out the recording of MTF's July 2024 Fireside Chat as MTF President Adrienne Asta speaks with Mel Blumenthal, Bloom Wealth Alliance, about charitable giving strategies.

[Watch the Recording](#)



Expand Your Knowledge: Read *IJTMB*

International Journal of
Therapeutic Massage & Bodywork

Official Journal of
MASSAGE THERAPY FOUNDATION
RMTBC

RESEARCH • EDUCATION • PRACTICE

Check out the new issue at www.IJTMB.org!

A new issue of *International Journal of Therapeutic Massage & Bodywork* has been released!

Read how *IJTMB*'s Practice section creates opportunities for practitioners to share clinical experiences; and check out the latest research on massage for knee joint position sense, low-back pain and function, and Lumbar Lordosis.

IJTMB is open-access, peer-reviewed, and indexed in PubMed. It is the official journal of the Massage Therapy Foundation and our journal partner, the [Registered Massage Therapists' Association of British Columbia](#).

Check Out IJTMB Vol 17 No 2



Dance (& Sing) the Night Away!

Headed to AMTA Convention? Don't miss MTF's DANCE PARTY and KARAOKE Fundraiser, September 13, 2024, at Tampa Convention Center, from 7:00 to 9:30pm (EST).

This LIVE DJ EVENT supports MTF's research, education, and community service programs. Shake a leg and get your tickets today, or visit MTF's registration table (on-site at AMTA Convention) on Wed. Sept. 11. Tickets sell quickly; limited tickets available at the door.

Get Your Tickets!



Massage Therapy Foundation resources are made possible via the generosity of our donors.

♥ ♥ ♥ ♥ ♥ ♥ ♥ ♥ ♥ ♥ ♥ ♥

Donate today to help ensure this important work continues!

 Community Service Grants	 Educational Webinars	 International Journal of Therapeutic Massage & Bodywork Journal	 Research Grants	 Research Perch Podcast	 Case Report Contests	 Practice-Based Research Network	 International Massage Therapy Research Conference Research Conferences
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Scan to easily donate or use Apple Pay or Google Pay

Grants and Contests

The following MTF grant is now open, with application deadline as follows

- [Bob King Community Service for Schools: Next quarterly deadline September 1, 2024](#)

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