

September 2023

MASSAGE THERAPY FOUNDATION Communicator

SCIENTIFIC RESEARCH • EDUCATIONAL RESOURCES • COMMUNITY SERVICE



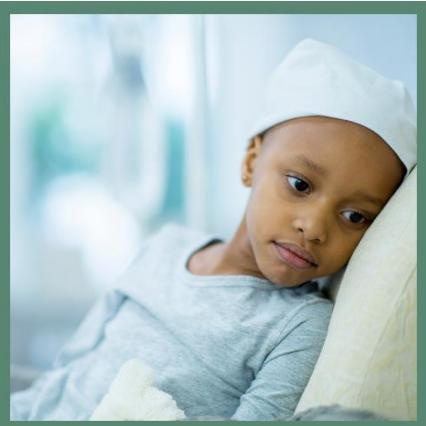
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Free Massage Therapy Foundation resources are made possible via the generosity of our donors.

Donate today to help ensure this important work continues!



New Grantee Video: Pediatric Complex Care



Learn more about Massage Therapy Foundation's 2023 Community Service Grant, "Pediatric Complex Care Integrative Therapies," Mary Bridge Children's Hospital, Tacoma, WA.

The Pediatric Integrative Therapies program brings free massage therapy services to children receiving palliative and/or complex care in both inpatient and outpatient settings.

This grant is generously sponsored by a gift from Biotone.

[Watch on MTF YouTube Channel](#)



Gentle Yoga with Kim Nimmo



October Yoga Fundraiser

Prioritize self-care—Gentle Yoga with Kim Nimmo is happening October 9 @ 4:00-5:00pm CST!
Calm your nervous system & recharge with an hour-long session of gentle stretching, yoga poses, guided breathing & meditation, all while supporting MTF.

[Register Now](#)

IJTMb 15th Anniversary Updates

Mark your calendar! MTF's free CE webinar, *Reviewing and Submitting to a Research Journal*, is now happening Tuesday, January 16, 2024 @ 2:00-3:00pm CST.

Join MTF President, Adrienne Asta, and IJTMb Executive Editor, Amanda Baskwill, for an engaging and informative webinar designed to equip researchers, students, practitioners, and aspiring authors with the skills necessary to navigate the process of publishing in a research journal.



[MTF Webinars](#)

New infographic! Based off the *IJTMb* article, *Celebrating 15 Years of the International Journal of Therapeutic Massage and Bodywork* by Dr. Amanda Baskwill, this visual abstract gives a visually-engaging overview of IJTMb's scope and accomplishments throughout 15 years of publication.

Be sure to share and enjoy with your friends, students, and colleagues!

[MTF Infographics](#)



We enjoyed seeing our supporters for our September 20, 2023 Fireside Chat celebrating *IJTMb*'s 15-Year Anniversary!

MTF President, Adrienne Asta, past and current *IJTMb* Editors, and MTF friends like you enjoyed a fun networking session with the opportunity to engage, ask questions, and hear about the history of *IJTMb* firsthand from those who were there from the inception.

[Watch the Recording](#)



Basics of Research Literacy Course

MTF in collaboration with Whitney Lowe (Academy of Clinical Massage), is excited to bring you ***Basics of Research Literacy***, a new and revised 3-hour NCBTMB-approved online course for massage therapists and educators about incorporating principles of research literacy in your practice and teaching. BRL is an interactive skill-building experience that has the capacity to change the way you work.

This course was created as a fundraiser for the Foundation. The **Academy of Clinical Massage donates 65% of the proceeds from this course to the MTF.**

[Sign Up for BRL](#)



Massage Matters! Monthly Giving Club



Be a Superhero for the massage therapy profession! Do your part to help those in need year-round by becoming a monthly donor to MTF.

Help raise the bar for massage therapy research, education and community service programs **bringing the benefits of massage to those in desperate need who would otherwise lack access. All amounts are welcome!**

Our monthly donors receive early access to news and events, invites to donor chats, and more. For a limited time, receive a free MTF t-shirt when you sign up to donate on monthly basis!

[Sign Up Today](#)

Grants and Contests

The following MTF grants and contests are now open. Other grants open late fall 2023.

- [Bob King Community Service for Schools: Next quarterly deadline December 1, 2023](#)

A graphic for the Bob King Legacy Grant. It features a circular photo of a diverse group of people holding hands in a circle. To the right, there is text: "APPLY NOW! COMMUNITY SERVICE FUNDS AVAILABLE FOR YOUR SCHOOL" with dollar signs, "BOB KING LEGACY GRANT" in large letters, the MTF logo, and a QR code. Below the QR code is the website address: www.massagetherapyfoundation.org/bob-king-legacy.

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