

September 2024



Communicator

SCIENTIFIC RESEARCH • EDUCATIONAL RESOURCES • COMMUNITY SERVICE

Register Now: 2025 IMTRC Early Bird Discount

Registration for MTF's 2025 IMTRC is now open! Learn about the latest research, connect with colleagues, and gain insight into research-informed practice.

Held every three years, this important conference brings together massage therapy field leaders, clinicians, educators, and researchers to discuss the practice implications and applications of current research.



International
Massage
Therapy
Research
Conference

April 27-29, 2025
Alexandria, Virginia

The exploration and sharing of massage therapy research is central to the profession's growth. It inspires and educates massage therapists on how to achieve better outcomes for their clients. **We hope you will join us as we shine a light on the future of massage therapy research!**

Register Today



The American Massage Therapy Association is honored to be the Presenting Sponsor for IMTRC 2025

Douglas Nelson Receives Distinguished Service Award



Congratulations to Douglas Nelson, LMT, BCTMB, MTF's 2024 John Balletto Distinguished Service Award recipient! The award honors Nelson's years of service to the profession and his generous and long-time support of the Foundation.

"Doug's passion, generosity, and leadership have strengthened the very fabric of our organization. We thank him for his unwavering dedication to the Foundation and for making an indelible impact on the massage therapy profession," said MTF President Adrienne F. Asta.

Asta presented Nelson with the Award at MTF's Bust-a-Move Dance Party and Karaoke Fundraiser in Tampa, Fla. [pictured left].

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Research Perch: MTF Case Report Contest Winner

New Research Perch! Listen in as MTF President Adrienne F. Asta speaks with Spencer Pon, Gold Winner of MTF's 2023 Student Case Report Contest, about his winning case report, **Massage Therapy for Ankle Mobility and Spasticity in an Adult with Cerebral Palsy.**

Pon's research focused on the effectiveness of massage therapy in increasing ankle mobility/decreasing spasticity in an adult with spastic cerebral palsy, offering promising insights into the potential benefits.



[Tune In to Research Perch](#)

New MTF Executive Director Announced



MTF is excited to announce the appointment of Teri Mayo, BA, LMT, as Foundation Executive Director.

With over 29 years of experience in rehabilitative practices and as a licensed massage therapist, alongside her extensive leadership roles in healthcare administration and the nonprofit sector, Mayo brings a wealth of knowledge and proven expertise to MTF.

[Read More](#)

Bust-A-Move Fundraiser Wrap Up

Thank you to all who came out to see us in Tampa, and attended our Bust-a-Move Dance and Karaoke Party! Attendees showed off their moves and displayed their talents behind the karaoke mic. We greatly enjoyed seeing everyone and appreciate the great support!

[See Party Photos; Remember to Like, Follow, and Share!](#)



News from *IJTMB*

A new issue of *International Journal of Therapeutic Massage & Bodywork* has been released!

International Journal of
Therapeutic Massage & Bodywork

RESEARCH • EDUCATION • PRACTICE

Official Journal of
MASSAGE THERAPY FOUNDATION
RMTBC

Check out the new issue at www.IJTMB.org!

Read an editorial on TMB education, articles on massage for hypertension, temporomandibular disorders, headache management, neck pain, and ergonomic considerations for MTs.

[Check Out IJTMB Vol 17 No 3](#)

IJTMB is open-access, peer-reviewed, and indexed in PubMed Central. It is the official journal of the Massage Therapy Foundation and our journal partner, the [Registered Massage Therapists' Association of British Columbia](#).

Associate Editor Opportunity

The International Journal of Therapeutic Massage and Bodywork (IJTMB) editorial team is looking for a rising professional in the massage therapy, bodywork, or healthcare industry to serve as a section editor for this quarterly online open access, peer-reviewed journal.

[Read the Full Announcement](#)

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Grants and Contests

The following MTF grants and contests are now open, with application deadlines as follows:

- [Practitioner & Student Case Report Contests: June 1, 2025](#)
- [Bob King Community Service for Schools: Apply Year-Round](#)

Visit Our Sites

www.MassageNet.org

www.MassageTherapyFoundation.org

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