

October 2020



MASSAGE THERAPY
FOUNDATION

Communicator

SCIENTIFIC RESEARCH • EDUCATIONAL RESOURCES • COMMUNITY SERVICE

Free Webinar for Educators



Free Live Webinar: Resources for Educators

November 11, 2020 at 1pm CST

 Alliance for
Massage Therapy
Education

 MASSAGE THERAPY
FOUNDATION


Michele Renee,
DC, MAC


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Robin B. Anderson,
MEd, LMT, BCTMB, CEAS


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M.Ed., BS, LMT

Join us **Wednesday, November 11, 2020 at 1pm (CST)**, as the Massage Therapy Foundation (MTF) and the Alliance for Massage Therapy Education (AFMTE) host a webinar showcasing the educational resources for educators and students available from both organizations.

Four talented, longtime educators will present: AFMTE President, Michele Renee, DC, MAC, and Immediate Past President, Stan Dawson, DC, LMBT, will join MTF President-Elect, Robin B. Anderson, MEd, LMT, BCTMB, CEAS, and Vice-President, Brent Jackson, M.Ed., BS, LMT, to help you **familiarize yourself with the array of educational tools available to help you teach students to incorporate research into their everyday work with clients.**

[Register Now](#)

Research Perch: Massage for Muscle Atrophy

Massage has promising potential to help rebuild muscle in those who cannot handle weight-bearing or resistance exercise.

In this episode of *Research Perch*, learn more about MTF's 2018 Research Grant award to the University of Kentucky Research Foundation for their study, **Massage as an Intervention for Muscle Atrophy**, as host Doug Nelson speaks with study investigators Esther Dupont-Versteegden, PhD, and Tim Butterfield, PhD, ATC, FACSM, FNATA.

[Listen Now](#)



MTF Student Case Report Winners Announced



The MTF Student Case Report Contest Committee has granted awards/honorable mention to the following 2019 case reports:

- *Massage Therapy for TMJ Dysfunction Secondary to Ullrich Congenital Muscular Dystrophy: A Case Study*
- *Effectiveness of Proximal Trigger Point Release for Plantar Fasciitis: A Case Report*
- *Massage Therapy for Proximal Row Carpectomy and Ulnar Nerve Pathology: A Case Report*

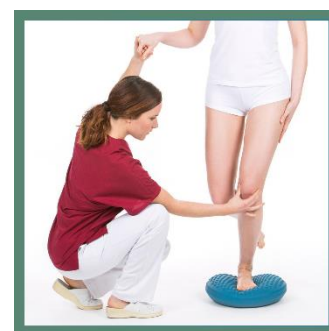
[Read More About the 2019 Winners](#)

International Journal of Therapeutic Massage & Bodywork

In what ways does connective tissue affect proprioception?

Check out and share with your colleagues: “**The Architecture of Connective Tissue in the Musculoskeletal System—Often Overlooked Functional Parameter as to the Proprioception of the Locomotor Apparatus,**” and other articles in our most recent issue of IJTMB.

IJTMB is open-access, peer-reviewed, and indexed in PubMed. It is the official journal of the Massage Therapy Foundation and our partner, the Registered Massage Therapists' Association of British Columbia.



[Visit IJTMB](#)

Contribute to Research

We encourage massage therapists to help build the body of research knowledge by being a part of the following two surveys.

Project COPE is an ongoing study chronicling the experiences of healthcare and wellness providers during the COVID-19 pandemic. Help capture a unique moment in history by sharing your experiences with study investigators.

[Take the Project COPE Survey](#)

Indiana University is seeking massage therapy clients for the currently ongoing research project, *Assessing Affective Measures in the 2020 Pandemic.* This project aims to describe the affective characteristics (emotions and mood) of all types of massage therapy clients during the 2020 pandemic, including those who previously received massage but halted due to pandemic concerns, those who began receiving massage for the first time during the pandemic, and those who continued massage therapy sessions during the pandemic. **We encourage massage therapists to use the survey as an opportunity to reach out to clients and be a part of research!**

[Download the Client Survey Flier](#)

Grant and Contest Deadlines

- **Student Case Report Contest: Now Accepting Submissions for 2021 Cycle**

- **Research and Community Service Grant Processes to Reopen Late Fall 2020**

Apply Now

Our Donors Make a Difference



In these turbulent times your support means more than ever before. Help ensure that you and your colleagues continue to have access to the research you need to thrive and deliver quality care.

It's easy – [just click here to make your gift online today.](#) We deeply appreciate your commitment to further the practice of massage therapy.

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