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Communicator

SCIENTIFIC RESEARCH • EDUCATIONAL RESOURCES • COMMUNITY SERVICE

2024 MTF Case Report Contest Winners Announced



Congratulations to this year's winners! Open on an annual basis, the contest provides an opportunity for massage therapists and students to learn how to deliver evidence-informed massage information to the public. Winners at the Gold, Silver, and Bronze levels receive cash prizes after their case report has been submitted to a peer-reviewed academic journal.

The Silver Award went to, "Effects of Neurosomatic Therapy on Musculoskeletal Pain During Pregnancy: A Case Study" authored by Kirana Peters, Center for Neurosomatic Studies, Clearwater, Fla.

An Honorable Mention was awarded to, "Massage Therapy and Breathwork for Reducing Trauma-Related Symptoms: A Case Report," authored by Christie Dennison, Atlantic College of Therapeutic Massage, NB, Canada.

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Contribute to *IJTM*B

Don't miss the opportunity to share your work in *International Journal of Therapeutic Massage and Bodywork's* upcoming special issue regarding massage for mental health.

*IJTM*B is seeking papers showcasing the potential for massage to impact the management and care of mental health conditions as well as quality of life and wellness.

[Learn More & Submit Your Paper](#)

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Register Now: 2025 IMTRC Early Bird Discount



Registration for MTF's 2025 IMTRC is open! Learn about the latest research, connect with colleagues, and gain insight into research-informed practice.

Held every three years, this important conference brings together massage therapy field leaders, clinicians, educators and researchers to discuss the practice implications and applications of current research.

The exploration and sharing of massage therapy research is central to the profession's growth. It inspires and educates massage therapists on how to achieve better outcomes for their clients. **We hope you will join us as we shine a light on the future of massage therapy research!**

Register Today

amta The American Massage Therapy Association is honored to be the Presenting Sponsor for IMTRC 2025

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Breast Cancer Research: Support for Massage Therapists

Did you miss the free @Biotone Edutalk on Breast Cancer Research for MTs, given by MTF President, Adrienne Asta? Massage therapy is used by many breast cancer patients as part of their care regimen, and research reviews suggest it can be an effective supportive treatment.

View the recording today and learn how massage therapy can benefit your clients with breast cancer or cancer treatment side effects.

Watch it Now



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Grants and Contests

The following MTF grants and contests are now open, with application deadlines as follows:

- [Practitioner & Student Case Report Contests: June 1, 2025](#)
- [Bob King Community Service for Schools: Next quarterly deadline December 1, 2024](#)

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