

October 2026



Communicator

2026 MTF Case Report Contest Winners Announced



Congratulations to the winners of MTF's 2026 Case Report Contest!
Three case reports were selected:

- **Silver Award:** Diana Tymofichuk, *Massage Therapy as Supportive Intervention for Pain and Quality of Life in Ankylosing Spondylitis;*
- **Bronze Award:** Mya Willison, *Massage Therapy and Therapeutic Exercise for the Management of Knee Osteoarthritis;*
- **Honorable Mention:** Nicole Marie Vigneault, *Effects of Massage Therapy and Remedial Exercise on Clients with Lumbar Spine Abnormalities.*

MTF's annual Case Report Contest provides students and practitioners with the opportunity to share their knowledge with the profession while enhancing professional development and research skills. Have an interesting client case? Consider applying to the 2027 contest!

[Read More](#)

Research Perch: MassageNet Sexual Harassment Study



Expand your knowledge—check out *Research Perch*! **In this episode, learn about the progress of a new survey study entitled, “Sexual Harassment and Sexual Assault of Massage Therapists by Clients in the United States.”**

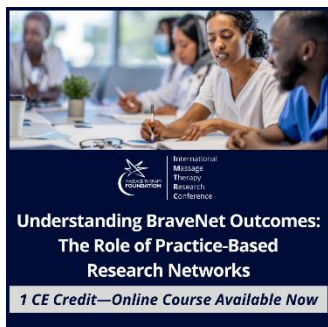
Study author Morgan Richard discusses the 2-part study, how MassageNet PBRN members have been utilized in the data collection process, and how massage therapists can participate.

[Watch Now](#)

All CE Courses From IMTRC Now Available

The final course from MTF's 2025 International Massage Therapy Research Conference has been released! The courses cover a wide array of current massage therapy research and practice subjects. Each course qualifies for one NCBTMB-approved Continuing Education credit. Courses are available for purchase via the educational platform of 2025 IMTRC Presenting Sponsor, American Massage Therapy Association (AMTA).

[View All Courses](#)

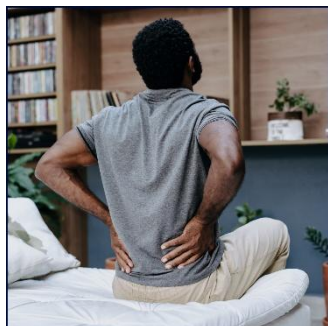


***NEW* Understanding BraveNet Outcomes: The Role of Practice-Based Research Networks**

Clinical trials help explain what can work in practice, while practice-based research shows what does work in everyday care. Practice-Based Research Networks (PBRNs) support this work by collecting data on the effectiveness and safety of complementary and integrative health approaches as they are used in real-world settings. BraveNet PBRN Director Dr. Jeffrey Dusek shares findings from multi-site studies focused on pain, stress, and wellness, and discusses how these results are helping inform patient care.

[Buy Now](#)

***IJTMB* Highlight: Low-Back Pain**



Explore current massage therapy research!

Chronic low-back pain is a common client condition; often it may be the primary reason for seeking a massage therapist. Previous studies have demonstrated the efficacy of myofascial release (MFR) for pain and stiffness in low back pain, but mechanisms are not well studied. A new study in the current issue of *International Journal of Therapeutic Massage & Bodywork (IJTMB)* centers around understanding these mechanisms, using sonoelastography.

[Read *IJTMB* Vol. 19 No.3](#)

IJTMB is peer-reviewed and free for readers and authors. It is the official journal of the Massage Therapy Foundation and the Registered Massage Therapists Association of British Columbia (RMTBC). **Sign up to receive *IJTMB* updates, including notifications when new issues are released, at www.ijtmb.org.**



www.IJTMB.org

International Journal of Therapeutic Massage & Bodywork

Call for Papers
IJTMB Special Issue on
Pain Management & Pain Science



Awards and Contests

The following MTF awards and contests are open for applications:

- **2027 Research Grant LOI (Over \$30k):** Open now; deadline is January 13, 2027
- **2027 Research Support Award (Up to \$30k):** application cycle opens November 1, 2026
- **2027 Community Service Award:** application cycle opens November 1, 2026
- **2027 Case Report Contest:** Submit year-round—next deadline June 1, 2027



www.MassageNet.org



www.MassageTherapyFoundation.org



www.IJTMB.org



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