

November 2022



# Communicator

SCIENTIFIC RESEARCH • EDUCATIONAL RESOURCES • COMMUNITY SERVICE



**11.29.2022**

*Your support is vital for  
the future of the massage  
therapy profession!*

**#GIVINGTUESDAY**



## MTF Awards 2022 Research Support Grant



MTF has awarded one \$30k 2022 Research Support Grant to Western Sydney University, Sydney, Australia, for a feasibility study investigating massage for pregnant women who have experienced a stillbirth.

“We look forward to learning more from this study on ways to best serve pregnant women who have experienced trauma in the past. **These studies and the larger retrospective will provide evidence of the values of massage and encourage further research,**” says MTF President Adrienne F. Asta.

[Read the Press Release](#)

## Raise Your Glass! MTF Virtual Wine Tasting Fundraiser

**Kick off your New Year by joining a virtual gathering featuring flights, friendship, and fun!**

Join us via Zoom on Thursday night, January 19, 2023 for a wine tour guided by a trained and knowledgeable wine steward. **Can't make it live? Register and get access to the full replay for one week!**

Consider inviting friends, colleagues, and family for a gathering!

[Make Your Reservation](#)



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## 2022 MTF Student Case Report Contest Winners Announced



MTF is pleased to award 2022 Student Case Report Contest awards/honorable mentions to the following case reports:

- Gold Award - ***Massage Therapy for Spasticity in a Patient with Cerebral Palsy: A Case Report***, authored by Paitynn Hippisley, MacEwan University, Edmonton, Alberta, Canada;
- Honorable Mention - ***The Effects of Massage Therapy on a Patient with Chronic Fibromyalgia and Osteoarthritis***, authored by Meagan Wakeford, MacEwan University, Edmonton, Alberta, Canada.

**Congratulations to our winners!**

MTF's Student Case Report Contest provides students an opportunity to enhance professional development and research skills. Open on an annual basis, the contest provides an opportunity for massage therapy students to learn how to deliver evidence-informed massage information to the public.

[Read More](#)

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**SEEKING RUNNERS—DEADLINE EXTENDED—  
POSITION OPEN UNTIL FULL**

***Running the 2023 Boston Marathon is just a click away!***  
Join MTF's charity team; no need for a qualifying time, just a passion to raise money for massage therapy initiatives and revel in your accomplishments.

**[Apply Now](#)**

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**Get to Know MTF President Adrienne F. Asta**

**A massage therapist for over 20 years and President of The Massage Therapy Foundation, Adrienne Asta talks with host CG Funk in the newest episode of 'Outside The Room.'**

Adrienne speaks about [MTF](#), her journey to becoming a massage therapist, her commitment to volunteer leadership, and much more.



[Watch the Podcast](#)

## Marshall Dahneke: Training for 2023 Boston Marathon

Read the newest Jacquelyn Project blog, "Infrastructure Maintenance & Repair," and learn how Marshall Dahneke deals with endurance training injuries like stress fractures, tendinitis, and sprains, as he trains to run the 2023 Boston Marathon in honor of his late daughter Jacquelyn, while supporting MTF.

[Click here to read Marshall's infrastructure blog.](#)



"Pain from running injuries has been a constant companion as the miles have increased. Much of my focus has transitioned to injury treatment and pain management in order to continue improving my fitness level, despite the aches and issues. Massage therapy is at the core of my pain intervention!"

[Click here to read more about how Marshall copes with training injuries utilizing the benefits of massage therapy.](#)

## Grants and Contests Open Now

- **Research Support Grant (up to \$30k): submit by February 1, 2023**
- **Research Award Grant (over \$30k): submit by March 1, 2023**
- **Community Service Grant: submit by June 1, 2023**
- **2023 Student Case Report Contest: submit by June 1, 2023**

[Apply Here](#)

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## You Can Make a Difference - 365 Days a Year!



You can help the Massage Therapy Foundation to build on more than 30 years of service—every single day! **It's easy to show your support**; join our monthly Giving Club for as little as \$10/month (or make a one-time donation of \$120), and **receive a FREE MTF t-shirt to flaunt your Foundation!**

**Feel good about supporting vulnerable communities in desperate need of massage, furthering research, and helping to educate therapists. If you are able, please show your support for our programs!**

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