

December 2021



Communicator

SCIENTIFIC RESEARCH • EDUCATIONAL RESOURCES • COMMUNITY SERVICE

Happy New Year!



Deadline Extended—Run Boston for MTF!

The Massage Therapy Foundation is looking for eager applicants to run and raise funds for MTF in the 2022 Boston Marathon® on April 18, 2022. Four runners will be selected for Team MTF—Running for Research.

Due to a COVID-restrictive year, our minimum goal is lower for only the 2022 race—see application for details. **Deadline has been extended until the team is full; please check website/social media pages and/or contact MTF for updates.**

The Boston Marathon is the world's oldest annual marathon; and running it is a major bucket list item for serious distance runners throughout the world. **The John Hancock® Non-Profit Marathon Program** provides runners who might not otherwise qualify to run this marathon with a way to participate and raise funds for the charities which mean the most to them.

[Apply Now](#)

[Free Hospital-Based Massage Webinar Recording Available](#)



**Free Research Webinar:
Hospital-Based Massage**

Our thanks to Handspring Publishing for their generous sponsorship of this webinar



Robin Anderson,
MEd, LMT,
BCTMB, CEAS



Robin Miccio,
MS, LMT, CPMT,
CEIM



Corrie Frey,
LMT, CIMI, CPMT



Cynthia Spake,
B.S.Ed., LMT

Learn more about Hospital-Based Massage by viewing MTF's newest free webinar! Take the quiz after viewing to earn one free CE credit.

Join hosts MTF President, Robin Anderson, MEd, LMT, and Robin Miccio, MS, LMT, Integrative Health Program Manager at Children's Hospital of Philadelphia, and additional guests from Nationwide Children's Hospital, Ohio, and Blessings Hospital, Illinois, as they discuss the integration of massage therapy services in a healthcare setting.

[View it Here](#)

New Research Perch: Practice-Based Research Networks, Part 2



What is a Practice-Based Research Network (PBRN) and how can it help therapists become a part of research? Join us for Part 2, as MTF President Robin B. Anderson, MEd, LMT, BCTMB, CEAS, MTF Trustee Niki Munk, PhD, LMT, and Sami Zabel, Graduate Student, continue their discussion about the purpose and benefits of PBRNs for massage therapists, students, researchers, and clients.

[Listen Now](#)

International Journal of Therapeutic Massage and Bodywork

Have you checked out the newest issue of *IJTMB*? Vol 14 No 4 (2021) includes the publication of *Effect of Foot Reflexology Protocol on Premenstrual Syndrome Symptoms in Nursing Students: a Pre-Post Pilot Study*.

IJTMB is open-access, peer-reviewed, and indexed in PubMed. It is the official journal of the Massage Therapy Foundation and our partner, Registered Massage Therapists' Association of British Columbia.



[Read the Latest Issue](#)

All Grants and Contests Now Open!

- **Research Support Grant (up to \$30,000) submission deadline February 1, 2022**
- **Research Award (over \$30,000) submission deadline March 1, 2022**
- **Community Service Grant submission deadline March 1, 2022**

- **Student Case Report Contest submission deadline June 1, 2022**
- **The IMTRC 2022 Call for Posters is open; deadline is January 14, 2022.**

Apply Now

*The Spirit of Giving—
You Make the Difference in Your Community*

'Tis the season of joy, giving, and gratitude. We at the Massage Therapy Foundation appreciate every single one of you: every donor, volunteer, sponsor, and participant that contributed to and supported MTF!

Thanks to you we are able to fulfill our mission and provide funding for high-quality, independent research into the applications of MT, as well as provide research conferences and journal for the profession and free resources like webinars, e-books, infographics, podcasts and, so much more.

We are incredibly grateful to have you all in the MTF Family and wish you the best for a happy and healthy 2022!

**You and donors like yourself make it happen!
If you are able, please help us continue to serve you by making a gift today.**

Communicator Sponsorship Opportunities

Is your organization looking for a place to advertise while supporting massage therapy research, education, and community service initiatives? Consider sponsoring issues of the *Communicator*. One sponsorship is available per issue. Only 12 available per year!

[Learn more about this offer](#)



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