

December 2022



Communicator

SCIENTIFIC RESEARCH • EDUCATIONAL RESOURCES • COMMUNITY SERVICE



*IJTM*B Bids Farewell to Dr. Ann Blair Kennedy



MTF has deep gratitude for Ann Blair Kennedy's (ABK) many years of outstanding service, as she is stepping down from Executive Editor/Editor-in-Chief of the *International Journal of Therapeutic Massage & Bodywork (IJTM*B). Dr. Kennedy has held multiple volunteer roles with MTF and AMTA and is the recipient of the 2019 MTF/PHI Humanitarian Award. During her tenure at *IJTM*B, ABK helped mentor countless authors, brought increased visibility to the journal, and incentivized peer reviewers helping to curate excellent content quality. Hear more from Dr. Kennedy in her retrospective in the current issue of *IJTM*B.

[Click here to read, "So Long, and Thanks for All the Fish": an Editor's Farewell](#), by Dr. Ann Blair Kennedy.

Stay tuned to learn more about *IJTM*B's new editorial staff in next month's *Communicator*.

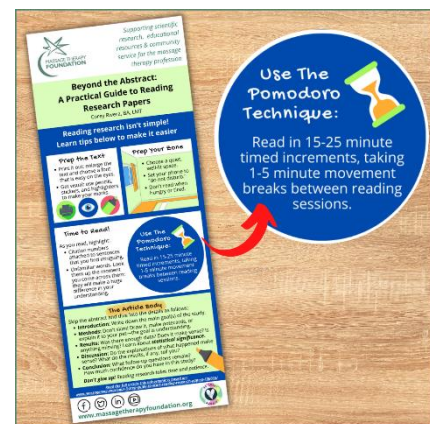
New Infographic: Reading Research

Reading research articles can help you bring the latest scientific insights to your treatment table—but understanding research papers isn't always easy!

MTF's newest infographic, *Beyond the Abstract: A Practical Guide to Reading Research*, is here to help you get the most out of your reading ventures.

Download it for free and be sure to share with your friends and colleagues!

[Click here to check out this and all of MTF's other insightful and engaging infographics.](#)



MTF Community Service Grantee Featured in MASSAGE Magazine



MASSAGE 37
magazine 1985-2022

Learn more about the California-based Integrative Healers Action Network (IHAN) and their work providing integrative health services during wildfire events and other crises. **IHAN is the recipient of a 2021 MTF Community Service Grant for their project entitled, Community Clinics for Disaster-Impacted Communities.**

"The MTF scores each application based on its impact to the community. 'IHAN had a strong application. They were having an immediate significant impact on a community that was affected by disaster. They also have a structure to their program that has an education component,' said MTF President Adrienne Asta, LMT."

[Click here to read the full article in MASSAGE Magazine.](#)



MTF Virtual Wine Tasting Fundraiser

Thursday, January 19, 2023

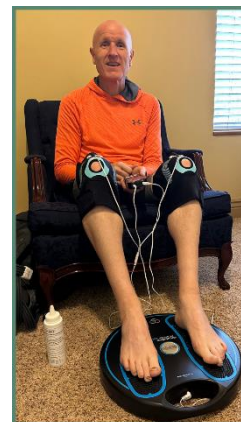
Hurry-Registration Closes January 2nd!



Exploration and Discovery: The Jacquelyn Project Blog

"Who knew that there was so much to learn in becoming an endurance runner besides lacing up and heading out? I have learned about running form, breathing techniques, warm up and cool down strategies, fueling, and the list goes on. Since I am approaching 60, **my greatest exploration and discovery areas have been with pain prevention and management.**"

[Click here to read more from Marshall Dahneke, who is running the 2023 Boston Marathon in honor of his daughter, Jacquelyn, while raising funds for MTF](#)



*The Jacquelyn Project
Sponsored Blog
Supporting MTF
Breast Cancer
Community
Service Projects*

Grants and Contests Open Now

- **Research Support Grant (up to \$30k): submit by February 1, 2023**

- **Research Award Grant (over \$30k): submit by March 1, 2023**
- **Community Service Grant: submit by June 1, 2023**
- **2023 Student Case Report Contest: submit by June 1, 2023**

[Apply Here](#)

You Can Make a Difference - 365 Days a Year!



You can help the Massage Therapy Foundation to build on more than 30 years of service—every single day! **It's easy to show your support**; join our monthly Giving Club for as little as \$10/month (or make a one-time donation of \$120), and **receive a FREE MTF t-shirt to flaunt your Foundation!**

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