

December 2023

MASSAGE THERAPY FOUNDATION Communicator

SCIENTIFIC RESEARCH • EDUCATIONAL RESOURCES • COMMUNITY SERVICE

*Wishing You Peace and Joy
this Holiday Season*



On-Farm Clinics Grant Video Released

Through our generous donors, MTF Community Service Grant funds enable The People's Medicine Project (PMP) to provide on-site massage therapy to immigrant agricultural workers facing hazardous working conditions and barriers to accessing health care.

Farmworkers served by this program experience health issues stemming from trauma, overwork, hazardous work environments, substandard living conditions and lack of access to healthy food or health care. PMP's program brings the benefits of massage therapy for chronic pain and injury, as well as for its mood-elevating and stress-reducing effects.



Learn more about this project in our newest grantee video.

[Watch on YouTube](#)

Reflections on 25 Years of Foundation Service



"It is surreal that I am celebrating my 25th anniversary... Some of our largest contributions to the profession provided a framework for the profession to grow into, creating new avenues for exploration, service, and learning beyond what was otherwise accessible at the time."

Learn more about your Foundation as MTF Executive Director Gini Ohlson reflects on her 25 years of service with MTF, the evolution of the Foundation, and exciting future plans!

[Read More](#)

Will You Be a Hero? Make Your Tax Year 2023 Gift Now

Giving back feels good—and it's tax deductible!

Help bring massage therapy to underserved populations, contribute to groundbreaking research, and provide educational materials for MTs such as webinars, podcasts, and our open-access scientific journal.

Every contribution counts! Will you be a hero for MTs, students, educators, clients and community members?



[Click Here to Donate](#)

Give \$50 or more—or sign up to be a monthly donor—to receive a free MTF t-shirt!

Check Out the New Issue of *IJMB*

A new issue of *IJMB* has been released!

Read about:

- Opportunities, limitations, and ethical considerations of AI in MT and beyond,
- MT for pelvic girdle pain in pregnancy, and;
- a commentary on growing New Zealand research capability using degree-based education.

International Journal of Therapeutic Massage & Bodywork
RESEARCH EDUCATION PRACTICE
Check out the new issue at www.IJMB.org!

IJMB is open-access, peer-reviewed, and PubMed indexed. It is the official journal of the Massage Therapy Foundation and our journal partner, the Registered Massage Therapists' Association of British Columbia.

[Read it Now](#)

Upcoming Events & Opportunities

Free CE Research Webinar
Reviewing & Submitting to a Journal
NEW DATE AND TIME
Tuesday, January 16, 2024 @ 2:00-3:00pm CST
[**Register Now**](#)



MTF Beer Flight Virtual Fundraiser
Thursday, February 22, 2024 @7-8:30pm CST via Zoom
Have your brew kit shipped to you, BYOB, or join to socialize!
[**Reserve Your Flight**](#)

Grants and Contests

The following MTF grants and contests are now open, with application deadlines as follows:

- [2024 Community Service Grant: March 1, 2024](#)
- [2024 Community Service Grant: March 1, 2024](#)
- [2024 Research Support Grant: February 1, 2024](#)
- [Bob King Community Service for Schools: Next quarterly deadline March 1, 2024](#)

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