



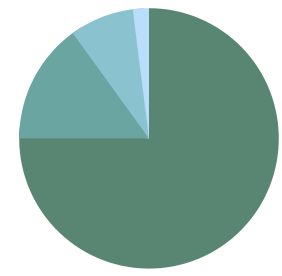
MASSAGE THERAPY FOUNDATION

2019 ANNUAL REPORT



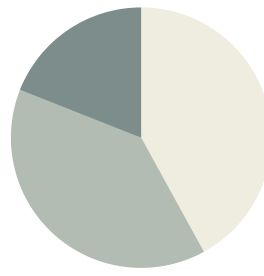
PRESIDENT'S LETTER

REVENUE & EXPENSES



Revenue

- Grants and Contributions: \$521,806 (75%)
- In-Kind: \$108,105 (15%)
- Investment: \$57,401 (8%)
- Net Assets Released from Restriction: \$14,889 (2%)



Expenses

- Programmatic: \$258,250 (42%)
- Admin & Governance: \$236,791 (39%)
- Fundraising: \$117,706 (19%)

COMMUNITY SERVICE GRANTS

2019 Community Service grantees used massage therapy to help:

Homeless in Hospice Care

Cancer Center Staff

Diabetics in Rural/Urban Mexico

Disabled Seniors

Domestic Violence Survivors

RESEARCH GRANTS

Pilot Study: MT to Improve Self-Efficacy in Patients with Left-Ventricular Device

MT Service Integration in a Military Primary Care Clinic: Implementation and Impact Study

MT as an Intervention for Muscle Atrophy

STUDENT CASE REPORT CONTEST WINNERS



Silver Award
Amy Frost-Hunt
MacEwan University,
Edmonton, AB, Canada



Bronze Award
Sarah Rostron
MacEwan University,
Edmonton, AB, Canada

EDUCATIONAL RESOURCES

Meta-Analysis on MT and Pain Database



Research Posters

Infographics



Educational Webinars

Research Perch Podcast



Basics of Research Literacy Course

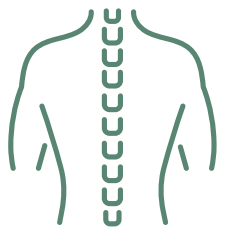
INTERNATIONAL JOURNAL OF THERAPEUTIC MASSAGE & BODYWORK

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ERGONOMICS PROJECT



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MARATHON FUNDRAISER



\$35,489

Raised by 2020 team

DONOR ROLL



OUR MISSION

To advance the knowledge and practice of massage therapy by supporting scientific research, education and community service



CONNECT:

