



*Supporting scientific research,
educational resources, and
community service for the
massage therapy profession*

Massage Therapy Foundation Key Message Points

MTF Research Initiatives:

- **MTF Research Grants** investigate the benefits of massage therapy in areas like chronic pain, muscle injuries, and cancer recovery.
- **International Massage Therapy Research Conferences (IMTRC)** educate practitioners about the research process and provide an opportunity to disseminate current massage research.
- **International Journal of Therapeutic Massage & Bodywork (IJTMB)**; MTF's free, on-line peer-reviewed publication covering research, education and practice. Subscribe at www.ijtmb.org.
- **Research Perch** podcast series designed to help you learn how to use massage therapy research in your practice.
- **Research articles** that allow readers to explore the science behind massage therapy.
- **Case Report Hub** brings together resources essential to the writing process, making it easy for you to write your own case report.

MTF Community Service:

- **MTF Community Service Grants** help to deliver massage to underserved populations all over the world. To date MTF has granted over \$500,000 to 90 different Community Service Grants all over the globe, and served diverse populations ranging from prisoners transitioning back to society, to children orphaned by the Japanese tsunami, to farm laborers in Central Mexico.

MTF Education Resources:

- **E-Newsletters** that inform you about current industry research, events and opportunities.
- **Educational webinars** that teach skills to locate, interpret, evaluate, and apply research findings for the benefit of clients.
- **Massage Therapy Foundation free eBooks** that offer extensive knowledge for educators, students, practitioners and those in allied health fields.
- **Student Case Report Contest** that enhances professional development and research skills for massage therapy students.
- **Poster/abstract submissions** help practitioners develop interpretive skills and convey knowledge to others.
- **Student and teacher research tools**
- **Educational blog posts**

*Your gift makes
a difference*

Thank You!



www.massagetherapyfoundation.org