

So you want to write a case report

In an effort to assist students and practitioners who are thinking about writing and submitting a case report to one of the MTF's case report contests, the committee thought we might give you a little help. Our best advice to you is to follow the directions outlined in the guidelines for the contest and consider the rubric. The rubric is how the committee scores the reports, if you meet most or all the criteria you will have a better chance of producing a quality and potentially winning report. Below you will find a short checklist in 3 parts, one prior to starting the case, one prior to writing your report, and one prior to submitting your report. Please consider the following checklists in assisting you in your goal of writing an outstanding report.

Case Report Contest Checklist

To help contest applicants the Case Report Contest Committee offers 3 short checklists for your use.

Prior to starting the case/treatment

So you've had an interesting client/patient enter either your practice or the student clinic and you think this might make a great case for a case report. Here are 4 things to consider.

I have discussed and had my client/patient sign the informed consent form including discussing the goals of the client. (Click here for the [informed consent document](#))

I have searched and read research that I can use to support my case report. (Click here for [pubmed](#) and [google scholar](#) and [IJTMB](#))

I have thought about which assessment measures I will be using and I have investigated their reliability and validity. (Click here for [IN-CAM Health Outcomes Database](#)) The assessment measures match the ultimate goals of the client.

The treatment I will be using is supported by research, clinical experience, and is in line with the client's ultimate goal.

Prior to writing the case report

I read all the guidelines for the contest. (Click here for [student case report guidelines](#))

I read the rubric posted on website to show how the Reports will be scored. (Click here for the [rubric](#))

I viewed the "How to Write a Case Report" webinar series on the website. (Click here for [Webinar](#))

I read the article Munk and Boulanger article "Adaptation of the CARE Guidelines for Therapeutic Massage and Bodywork Publications: Efforts to Improve the Impact of Case Reports"

<http://www.ijtmb.org/index.php/ijtmb/article/view/251/303>)

I have read published case reports. (Click here for [case reports published in IJTMB](#))

Prior to submitting the case report to the contest

I followed all the directions in the writing of my case report. (Click here for [student case report guidelines](#))

My case report follows the formatting guidelines.

My references are in the proper format.

I have filled out and submitted all the proper forms indicated on the website.

If you have any questions please contact Geri Anne Nelson, Program Manager at gnelson@massagetherapyfoundation.org