

Massage Therapy Foundation Case Report Contest Rubric

Section	Items to score	Points for each
Concise and Coherent	Paper is clear and understandable and approachable.	Can give up to 2 point for each item. If it is done well, give maximum points. If not done well give one point. If not done, give 0 points.
	The “story” or through-line of the case is apparent.	
	Little if any, spelling or grammar mistakes.	
	Writing is clear and concise	
	Extraneous information is not included - all information included in the paper is relevant to the case.	
Abstract/keywords	300 words or less	Give 1 point if each of the following guidelines are followed/included
	Appropriate number of key words are included (3-5)	
	Abstract follows proper structure (Background, Case Presentation, Results, Discussion)	
	Briefly describes Client demographics	
	Client health history	
	Diagnostic assessment	
	Clinical assessment	
	Outcome measures	
	Therapist information	
	All included information is found in the body of the paper	
Introduction & Literature Review	Starts broadly and identifies the level of concern with the problem (e.g. national statistics and cost analysis).	Can give up to 2 point for each item. If it is done well, give maximum points. If not done well give one point. If not done, give 0 points.
	Is tied to the literature	
	Information helps the reader to understand the topic and explain why the case is of scientific interest.	
	The objective should be clearly stated.	
	Persuasively builds the topic and shows why the case is important and pertinent to the profession	
Patient/client information	Demographics	Can give up to 2 point for each item. If it is done well, give maximum points. If not done well give one point. If not done, give 0 points.
	Medical history	
The detailed account includes	Contraindication	
	Prior treatment for the condition	
	Client’s goals	

Diagnostic assessment	Provided by a health care provider	Can give up to 2 point for each item. If it is done well, give maximum points. If not done well give one point. If not done, give 0 points.
	Assessment discussed in detail	
	Assessment tied back to the literature	
	Assessment tied to client goals	
	Clear indication that information was verified with healthcare provider	
Clinical findings	Are relevant to the case	Can give up to 2 point for each item. If it is done well, give maximum points. If not done well give one point. If not done, give 0 points.
	Are used to plan treatment	
	Are in line with client's desired goals	
	Are discussed in detail	
	Are tied back to the literature	
Outcome measures	Measures are relevant to case	Can give up to 2 point for each item. If it is done well, give maximum points. If not done well give one point. If not done, give 0 points.
	Reliability and validity are discussed	
	Measures match client's goals	
	Measures are described in detail	
	Clear indication of when measures are taken	
Therapeutic intervention	Is tied to the literature	Can give up to 2 point for each item. If it is done well, give maximum points. If not done well give one point. If not done, give 0 points.
	Therapist information included	
	Therapeutic setting description	
	Intervention clearly described	
	Includes a summary of any changes that occurred during the course of treatment plan, along with rationalization for such changes	
	Frequency of intervention described (including home care if given)	
Informed consent	Informed consent discussed	Can give up to 2 point for each item. If it is done well, give maximum points. If not done well give one point. If not done, give 0 points.
	Documents are included and filled out properly	
	The client's goals, values and needs are considered	
	Client is educated about the clinical findings	
	Client is educated about treatment options and they agree with course of treatment	
References	Are in the proper AMA format in the body of the paper and in the reference section (numbered correctly, superscript in parentheses)	Can give up to 2 point for each item. If it is done well, give maximum points. If not done well give one point. If not done, give 0 points.
	10+ sources from scientific literature (peer reviewed journals)	
	10+ sources from the last 8 years	
	References are relevant to the topic of the Case Report	

	Non-scientific literature sources are kept to a minimum	
Results	<p>Data is organized</p> <p>Data are easily understandable</p> <p>Raw data not included</p> <p>Tables and/or figures included</p> <p>Tables/figure are easy to understand</p> <p>Data is presented only once (e.g. not presented in a table AND a figure)</p> <p>Information on how the client tolerated treatment</p> <p>Indication on how the client followed the treatment plan and home care</p> <p>Results match outcome measures and clinical assessments</p> <p>Have included qualitative comments from the client</p>	Can give up to 2 point for each item. If it is done well, give maximum points. If not done well give one point. If not done, give 0 points.
Discussion	<p>Starts narrowly and ends broadly</p> <p>Results summarized clearly and concisely</p> <p>Relate findings back to objective</p> <p>Linked back to the literature</p> <p>Relate findings to client's goals</p> <p>Explain why results are different from what others have found</p> <p>Surprise information is not included (e.g. outcomes are discussed that are not presented in the results)</p> <p>Speculate on why the treatment had an effect or not</p> <p>Limitations clearly discussed</p> <p>Future implications</p>	Can give up to 2 point for each item. If it is done well, give maximum points. If not done well give one point. If not done, give 0 points.