

COVID-19 provides a unique opportunity to see how massage impacts people.

Do you have an appointment for massage therapy?

And/Or

Did you used to get regular massage but now don't due to COVID?

Please complete a survey!

Researchers from Indiana University School of Health & Human Sciences would like to better understand those who do and do not seek massage services during the COVID-19 pandemic and why people with and without massage experience seek massage treatment during these unique times.

Who is eligible to participate?

- Adults 18 years and older
- Those that speak and read English.
- Either
 - Those currently seeking massage therapy services, or
 - Those refraining from regular massage therapy services due to Covid-19.

What participants will do:

Participants will complete an online survey with questions regarding massage experience, current health, and those specifically related to emotional well-being, social factors, sleep, pain, and health-related behaviors. The whole survey will take about 15-20 minutes to complete and participants will be invited to complete the surveys again 1, 2, and 3 months later. Each completed survey will be eligible to receive one entry into a drawing for one of two \$25 Amazon gift cards at the end of the study.

If you are interested in participating, you can use the below link or QR code to access the survey:

<https://redcap.uits.iu.edu/surveys/?s=E887TKDYWL>

