



RESEARCH

EDUCATION

**COMMUNITY
SERVICE**

**AN INDEPENDENT
NON-PROFIT CHARITY
SERVING THE MASSAGE
THERAPY PROFESSION**

OUR VISION

THE PRACTICE OF MASSAGE THERAPY IS EVIDENCE-INFORMED AND ACCESSIBLE TO EVERYONE.

OUR MISSION

THE MASSAGE THERAPY FOUNDATION ADVANCES THE KNOWLEDGE AND PRACTICE OF MASSAGE THERAPY BY SUPPORTING SCIENTIFIC RESEARCH, EDUCATION, AND COMMUNITY SERVICE.

OUR VALUES

- ALTRUISM
- COLLABORATIVE COMMUNITY
- IMPACT
- INTEGRITY
- PRAGMATIC
- PROGRESSIVE LEADERSHIP
- SUSTAINABILITY

AREAS OF FOCUS



RESEARCH

CULTIVATE AND FOSTER MASSAGE THERAPY SCHOLARSHIP THROUGH DISCOVERY, INTEGRATION, APPLICATION, ENGAGEMENT & DISSEMINATION.

- **DISCOVERY** - CREATION OF NEW KNOWLEDGE THROUGH ORIGINAL RESEARCH.
- **INTEGRATION** - SYNTHESIS & CONNECTION OF KNOWLEDGE FROM RELATED DISCIPLINES.
- **APPLICATION** - PRACTICAL USE & EXPLORATION OF EXISTING KNOWLEDGE TO ADDRESS REAL-WORLD PROBLEMS.
- **ENGAGEMENT** - ACTIVE COLLABORATION WITH CLINICIANS, RESEARCHERS & OTHER STAKEHOLDERS & COMMUNITIES WITH RELEVANT EXPERTISE.
- **DISSEMINATION**



EDUCATION

DEVELOP, CATALOG, AND DISSEMINATE EVIDENCE-BASED MASSAGE THERAPY RESOURCES.



COMMUNITY SERVICE

FOSTER MASSAGE THERAPY INITIATIVES THAT BRING MEANINGFUL IMPACT TO UNDERSERVED POPULATIONS AND IMPROVE ACCESSIBILITY OF RESOURCES.



SUSTAINABILITY

ENHANCE, SUSTAIN, AND FOSTER THE FOUNDATION'S FINANCIAL RESOURCES. CONTINUE TO REINVEST INTO THE MASSAGE THERAPY PROFESSION AND ALLIED FIELDS.

SCIENTIFIC RESEARCH VALIDATES YOUR WORK AND IMPROVES YOUR CLIENT OUTCOMES

- Research Support Grants (up to \$30k) & Research Awards (over \$30k)
- International Massage Therapy Research Conference (IMTRC)
- *International Journal of Therapeutic Massage & Bodywork (IJTMB)*
- MassageNet Practice-Based Research Network



International Massage Therapy Research Conference

IMTRC events provide you with the opportunity to learn the latest research, connect with colleagues & gain insight into research-informed practice.

Held every three years, this important conference brings together massage therapy field leaders, clinicians, educators & researchers to discuss the practice implications & applications of current research.



[LEARN MORE](#)

International Journal of Therapeutic Massage & Bodywork

Official Journal of



Open-Access & Peer-Reviewed

SUBMIT

Prospective authors are invited to submit manuscripts for consideration.

REVIEW

Be a peer reviewer and hone your writing skills while making a difference.

LEARN SOMETHING NEW!

IJTMB articles can help you form evidence-backed treatment plans for your clients and communicate with allied health professionals.



WWW.IJTMB.ORG



BE THE BRIDGE BETWEEN RESEARCH AND PRACTICE

Be part of a collective of therapists helping to move research in the massage therapy profession forward. Join and take an active role by gathering hands-on research through your daily practice.



WWW.MASSAGENET.ORG

FREE EDUCATIONAL RESOURCES ELEVATE YOUR PRACTICE



- **Explore E-books:**
Strengthen your skills to better serve your clients and collaborate with allied medical professionals.
- **Listen to *Research Perch* Podcast:**
Unlock insider tips for integrating research into your practice.
- **Use Free Resources & Grants:**
Fuel your growth with funding and invaluable knowledge.
- **Join Webinars:**
Learn why evidence-based content is vital and hone your research skills.
- **Be Inspired by Research Posters:**
See what's shaping the future of massage therapy.
- **Access Vibrant Infographics:**
Stay updated with colorful, easy-to-digest research summaries.

**GROW YOUR KNOWLEDGE AND
BETTER YOUR PRACTICE!**



WE BRING THERAPEUTIC MASSAGE TO UNDERSERVED COMMUNITIES



MTF Community Service Grants provide therapeutic massage to people in need who would otherwise lack access. Past grantees have provided therapeutic massage to cancer patients, veterans, children in hospice and their caregivers, and dozens of others who need and deserve the benefits of therapeutic massage.

MTF has resources and guidelines to help you create a therapeutic massage program for your community organization. **Apply for a grant to bring massage to those in need in your community!**

"Massage does something so wonderful for the heart of a woman who may have been abused or trafficked. For her to have an hour to have someone just love on her through the gift of massage, it's pretty powerful."

—Chanda Santana, DIVAS Who Win Freedom Center, Inc., Athens, Ga. DIVAS is a three-time MTF Community Service Grant recipient for their program, SHE Retreats: Trauma-Informed Massage and Self-Care.



GRANT AND CONTEST OPPORTUNITIES AWAIT!



Research Grants

MTF Research Grants support high-quality, independent research that contributes to the basic science of massage therapy application. They are available to investigators who have experience in the relevant field of research, and are presently associated with an institution qualified to act as Sponsoring Organization. See application for details.

Community Service Grants

Do you work with an organization providing massage to people in need? Consider applying for an MTF Community Service Grant!

Special opportunities for breast cancer-related projects are available via funds raised by The Jacquelyn Project.

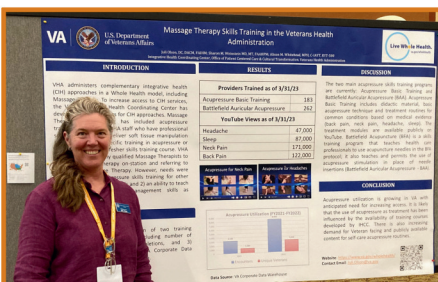


Case Report Contests

Writing a case report provides an opportunity for students and practitioners to develop research skills and enhance their ability to provide evidence-informed massage to the public. Cash prizes are available to contest winners contingent on publication of the case report.

Bob King Community Service Grant for Schools

Grant funds are now available! Does your school have a program to bring therapeutic massage to community members in need—or would you like to start one? We welcome applicants and their creative ideas for making a difference year-round!



Research Poster Abstract Submission

Apply to present a poster at MTF Poster Session at American Massage Therapy Association (AMTA) National Convention. Students and practitioners may apply. Share your work and help inform and inspire other massage therapists!

START YOUR APPLICATION TODAY



BE THE DIFFERENCE— IT'S ALL ABOUT YOU



Whether you are a long-time practitioner, student, educator, or industry leader, there are a variety of ways to be a part of the momentum at MTF.

Your time and talent are greatly appreciated!

VOLUNTEERS NEEDED

MTF is seeking professionals in the massage therapy, bodywork, or healthcare industry as well as professionals with corporate, non-profit, or business experience that want to help further the mission and legacy of the foundation. Openings available for the following:

- **Writing Committee**
- **Development & Marketing Committee**
- **Education Committee**
- **Finance Committee**
- **Governance Committee**



“Being a volunteer for the MTF writing group makes me feel connected to the professional community and keeps me informed about current massage therapy research. The writing group is a meaningful way of connecting research to practice. We use words to share the power of touch!”

—Jolie Haun, PhD, LMT



MAKE EVERY DAY MATTER

Join the **Massage Matters Monthly Giving Club** by donating a modest amount on a monthly basis. Make a personal investment in the future of your profession and your practice by making massage research matter.



EXPAND YOUR IMPACT—DONATE MONTHLY



SCAN HERE TO DONATE NOW



WE WELCOME



***SUSTAIN THE PROGRAMS THAT HELP
YOUR PRACTICE AND PROFESSION THRIVE***

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LIKE, FOLLOW AND SHARE!

